

Vietnam Barber Shop PIM 2022 Asian Guy Part 1 – Hwange (Pattaya, Thailand)

Becoming a massage therapist is a potentially valuable career. And with the right education, a massage therapist gains an invaluable skill set. Its a rewarding profession that serves the health and wellness of a community.

How much does it cost to become a massage therapist? Tuition for a massage therapy school can be as low as \$475 for a 15-month program at Texas Massage Academy. Or, it can be much higher like the Costa Rica School of Massage Therapy where they offer an accelerated, 4-month program with on-campus housing for \$18,500.

Choosing which massage therapy school to attend will depend on several factors. A few things to consider include:

- What type of massage therapist do you want to be?
- How much time do you have available for school?
- Can you afford the tuition out of pocket or will you need financial assistance?

This first step will help you to sort out which school will best fit your educational goals and needs. Being able to answer these three questions will get you started on your path to a successful career as a massage therapist.

You'll want to make sure you thoroughly research any schools you're thinking about attending to ensure they have the proper accreditation and teach the type of massage you're most interested in. Once you find an approved school, check to see if you apply for any financial aid, and get ready to dig deep into the world of clinical massage!

More info on this topic

The national average for a massage is approximately \$60 per hour. This varies significantly by region, setting, and therapist training. In addition, therapists will sometimes offer a discounted package rate to encourage return visits and build a practice.

If you want to know if a therapist is charging competitive rates, you can call a few therapists with similar services and compare prices and training.

Read Also: End Of Life Massage Training

Trainees who aspire to become massage therapists can find suitable training programs in this area through full certification programs as well as individual courses.

These programs can be found at schools that focus on health, as well as traditional one- or two-year institutions.

The list below shows you some of the best schools for massage therapy programs.

These schools provide extensive training that covers many topics related to massage therapy.

Some of them also offer students the opportunity to focus their studies on a particular specialty of massage.

- National University of Health Sciences
- Miami Dade College
- New York College of Health Professions
- Arizona Western College
- Lake Washington Institute of Technology
- Ohio College of Massotherapy

Also Read: Applying For Creative Artist Agency Internships

The basic rule of thumb for going to charge for a massage is about one dollar per Minute. When you work by yourself and find your customers, you will make an excellent salary even if you work weekends.

For work well done, many massage therapists often receive service charges. Usually, tips vary from 15 to 20 percent. Though not all customers will pay, and not all employers will encourage massage therapists gratuitous acceptance.

You May Like: Best Massage In Fort Myers Fl

At NC Massage School, you can complete the entire 650-Hour Massage Diploma Program for \$8,425. In addition, we offer several financing options to make this amount fit your budget needs. This low tuition combined with our financing options gives you an affordable way to launch your career in massage therapy.

- Complete a course of study at a board approved massage school consisting of 500 or more clock hours.
- For applicants who graduated from a Florida board approved massage school, completion will be verified using an official transcript or graduate list.
- For applicants who graduated from a school in another state, completion will be verified by submission of an official transcript. If staff cannot verify the approval of your school, additional documentation may be requested.

- For applicants who graduated from a school outside the United States, completion will be documented by the submission of an evaluation of your transcript prepared by an education credentialing service.
- Documentation of your completed course of study must come directly from your school, the custodian of records if your school has closed, or the credentialing service if you graduated from a school outside the United States. Unofficial transcripts and transcripts sent directly by applicants will not be accepted.
- Pass an examination approved by the Board. The following examinations are currently approved by the Board.
- Massage and Bodywork Licensing Examination administered by the Federation of State Massage Therapy Boards. Exam scores may be requested online at www.fsmtb.org. The FSMTB can be reached by phone at 1-866-962-3926. The FSMTB will provide your scores directly to the Board office. Do not submit score reports as a part of your application.

You May Like: Shiatsu Massage Chair With Heat

A Massage Therapist applies pressure to muscles and tendons in order to relieve pain and stress from clients.

There are different styles of massage and different therapy techniques that a Massage Therapist can use to appease their clients.

An independent Massage Therapist will be required to provide a private area to apply massage, and all Massage Therapists are required to know sanitation rules and legal stipulations.

Natures Ways

44 states require massage therapists to pass the MBLEx before being licensed, though some states have their own exams. If you're taking the MBLEx, the FSMTB does have an official study guide, so pick up a copy and start studying!

These tests are pretty pricey, so it's in your best interest to get it right the first time, but with the right schooling and study regimen, you should be ready to go.

Don't Miss: Circ Premium SI Track Heated Massage Chair

If your program has a clinic in which students practice, you may be required to pay a clinic fee and obtain malpractice insurance. According to Naturalhealers.com, programs typically range from \$6 to \$17 a credit hour.

States that require massage therapy licensing may require more hours of schooling before you are eligible to practice, which will affect the cost of a program. According to Naturalhealers.com

While it is not so obvious that you should take math and science classes it is really important to do so. When you join a training program after high school the vast majority of the classes will be anatomy physiology and other related classes that are based in math and science. Also math and science classes are the classes that most colleges recommend to their prospect students.

You May Like: Best Massage Schools In The World

The cost of licensure in massage therapy comes from three main sources: your education program, the cost of exams, and the cost of the license itself.

Like any schooling or training program, massage therapy education will vary in cost, depending on where and what you're studying. Certificate programs tend to start around \$4,000 to \$6,000, while associate degree programs can be anywhere from \$10,000 and \$25,000. You'll also need to pay for any books or materials, which can cost anywhere from \$1,300.

The prices may look steep, but most massage training programs will offer some sort of financial aid, so be sure to look over all your options! After completing your training, you'll need to pay an application and administrative fee to take the MBLEx, which is \$265. The FSMTB also offers an official MBLEx study guide for about \$30, which isn't required but can be a valuable resource. Once you've passed your exam, you're ready to register with your state's Massage Therapists Board. Licensing fees vary by state, but almost all states will require you to renew your license periodically. For example, New Hampshire licensure costs \$110 and requires an annual renewal.

If you decide to run your own clinic or work as an independent contractor, you'll also want to get small business insurance.

All in all, you're looking at around a minimum of \$4,300 to finance your new career path. A hefty investment, but worth it if massage therapy is your passion!

How Much Does It Cost To Become A Massage Therapist?

 Starter Story

Home » Massage Therapy » How Much Does Massage Therapy School Cost in 2022?

An increasing number of people are looking into how much massage therapy school costs, and with good reason. The Bureau of Labor Statistics expects the job outlook among massage therapists to grow by 21 percent over the next ten years. That estimate far exceeds those predicted for other professions.

The reasons behind this kind of growth relate to a few different developments. The aging baby boomer population has helped increase demand for good masseurs, for one. The growing popularity of spas has also contributed to industry growth. There's been more of a recent focus on holistic health, as well. That, coupled with an increasing amount of stress in society, makes a great recipe for demand.

Read on to learn more about the costs associated with breaking into the field and the available financial aid options.

- How long is therapeutic massage school?

Don't Miss: Sensual Massage In Santa Rosa

The basic educational option for prospective massage therapists is to obtain a certificate from a massage therapy program. While a certificate will qualify you to take the state-licensing exam and gain employment, many massage therapists pursue an associates or even a bachelors degree in massage therapy for better career prospects.

We all work too hard, and most of us need to take a break to get a massage.

As a Massage Therapist, you can give clients the relaxation and calm that they so desperately need.

Working with your client to find out what ails them, you can then practice rubbing, kneading, massaging, and manipulating their tissue and muscles.

Doing this can relieve some of the pain that they feel physically, and even mentally or emotionally.

You can expect to work in places like spas, rehab centers, hospitals, cruise ships, resorts, the list goes on.

Recommended Reading: Where To Test Massage Chairs

How much does it cost for a massage therapy school? A professional massage therapist can earn more than \$70,000 in a year, which for you personally means that all education costs pay for themselves of course if you can afford to study for the above amounts of money.

The tuition fees for massage therapies are not that high, but you will be able to acquire skills that will ensure a comfortable existence for you and plus give you the opportunity to make people around you healthy by helping them follow this lifestyle. Somehow this profession is close to a CNA in its intended goals.

Finally, we would like to advise you on three cities where, as a masseur, you will get the biggest amount of money in a year: Anchorage, Pittsfield, and Dunbu□a ut that doesnt mean that things are ba0 in the rest of the cities you can find



Your expertise and recognition of the abilities you have developed throughout your training and other career development opportunities would be the most significant factor in your average salary. Your willingness to link and maintain your customer base is a strong second thing.

To figure out a little more about your income opportunities, you can contact the Academy of Natural Therapy for a future in massage therapy. The most innovative types of massage therapy are available, so this academy gives the students the best level of education.

To that end, the Academy of Natural Therapy is committed to offering the requisite expertise for learners to provide clients with successful and skilled treatment.

Also Check: [Ah Massage And Skin Care](#)

- Hold an active license in another state with licensing requirements equivalent to or exceeding those required for a license in Florida. Staff will attempt to verify your license during application processing. Additional documentation may be requested if the equivalency of education or examination requirements cannot be determined.
- Complete a ten-hour Florida Laws and Rules course with an approved CE provider. Approved courses and providers can be found by visiting [cebroker.com](#).

Like most things massage therapy, this will depend on your state, though all states require a minimum amount of training time before you can take the licensing exam. States like Kentucky require at least 600 hours of training, while some states, like New York, require as many as 1,000 hours of training.

Depending on what kind of massage therapy school you attend and whether you go full-time or part-time, these hours can take anywhere from 5 months to 2 years to complete, with most training programs taking about a year to complete.

You can sign up to take the MBLEx as soon as you finish your hours of training, though it can take up to 5 days for the application to process once you've paid the fee. You have a maximum of two hours to complete the test once you begin. If you need to retest for any reason, you'll need to wait at least 30 days.

Once you've finished your hours and passed your exam, you'll also be required to complete a background check to make sure there are no crimes in your past that directly go against the professional ethics of the industry. Depending on the service used, this can take a few days or a few weeks to process.

Read Also: [Massage Places In Greenville South Carolina](#)

No, although you may be required to have both, depending on the type of massage therapy work you do. Massage therapy licensure is required for any practitioner of massage therapy, even if they're an employee of a larger company. The massage therapy license is unique to the industry and shows you're competent in the field.

On the other hand, a business license certifies that your business is allowed to operate legally in your area and is safe for the public to engage with.

Not every massage therapist will need a business license since not every massage therapist is a business owner. For instance, massage therapists who work full-time at fitness centers won't need to register for a business license since they're employed by a business that will be licensed. But if you decide to pick up your own clients part-time, you most likely will need to register as a business.

Texas Massage Academy offers its most in-depth massage therapy program for the lowest of its three tuition rates.

An accredited massage therapy program typically provides:

- Education in the classroom
- Practice in the laboratory
- Real-world experience in a supervised setting

The education portion of massage therapy school will start with the basics. Students will cover aspects of the human body as they relate to massage therapy like topics of anatomy to learn about the different tissues of the body, Introductory classes will go over body systems like the cardiovascular, respiratory, and digestive systems that can benefit from massage therapy treatments.

The curriculum in the classroom will be dependent on the specific massage therapy program offered by the school. For example, Soma Institute, in Chicago, offers a diploma program in Clinical Massage Therapy. This one of a kind program prepares its students for an array of career options like:

As with most professions in the United States, each state has set its own requirements with regard to massage therapy licensing. In general, they vary in the amount of time spent in the internship phase of the program. Time spent in the classroom and lab tends to be fairly consistent from school to school.

Don't Miss: Belly Massage For Weight Loss

The cost of becoming a massage therapist can vary depending on the school you attend, the type of massage therapist program you choose, and the location of the school. However, the average cost of a massage therapist program is around \$10,000. Additionally, you will need to purchase equipment, such as massage tables and chairs, and may need to invest in additional education, such as certification from the National Certification Board for Therapeutic Massage and Bodywork (NCTMB).

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- Your bookkeeping is handled by an accountant
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- You're passing up tax breaks.
- What is the cost of massage therapy school in Arizona?
- What is the cost of massage therapy school in Ohio?
- What is the cost of becoming a massage therapist in Illinois?
- How do I become a massage therapist in North Carolina?

What do bookkeepers do? Bookkeepers keep track of a company's earnings and expenses, ensuring that all financial records are in order. As the name implies, they keep the books organized, so everything is ready to go:

- When it comes time to file taxes,
- If you need to send financial information to an accountant or the IRS,

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The daily responsibilities of a bookkeeper vary depending on who they work for.

For an independent contractor

Assume an independent contractor, such as an Uber driver, hires a bookkeeper; the bookkeeper's day will most likely revolve around tracking the driver's business write-offs. That way, when it comes time to file their self-employment taxes, they can maximize their savings.

For a bigger business

If, on the other hand, a small to medium-sized business hires a bookkeeper, they will most likely spend their time on a broader range of activities, such as:

- Payroll planning
- Reconciliation of credit cards and bank accounts
- Daily transaction analysis
- Inventory management

Did you know that keeping accounting records dates back more than 5,000 years? Ancient Egyptian bookkeepers kept meticulous records that tracked the coming and going of goods in royal storehouses. Did you know the practice of keeping accounting records can be traced back more than 5,000 years ago? Ancient Egyptian bookkeepers kept meticulous records that tracked the coming and going of goods in royal storehouses.

Bookkeepers can assist businesses by assisting them in keeping their financial records in order.

- Prevent fraud
- Assess investments
- Make sound, data-based financial decisions

Finally, these are all different ways that bookkeepers contribute to profitability and growth.

According to our research, the cost of a bookkeeper will typically range from \$500 to \$3,520 per month, which we recognize is a wide range. Your actual cost will be determined by factors such as:

- Your location
- The bookkeeper's experience and credentials
- Whether they're full-time or part-time
- Whether you hire internally or outsource

An in-house bookkeeper is frequently more expensive than an outsourced bookkeeper, but hiring one gives you greater oversight and control over your bookkeeping.

Keep in mind that the prices listed above are an average for traditional bookkeeping services; online services will typically be the most affordable. More to come on that later!

Of course, money isn't the only factor to consider here; you also need to consider the size of your company, as well as its structure and complexity. At the end of the day, different businesses have different requirements.

That being said, we understand that cost is an issue, so let's go over the various bookkeeping options, who they're best for, and how much you're likely to spend on them.

Best suited for: large businesses with a large number of employees, complex financial systems, or a high volume of daily transactions Large businesses with lots of employees, complex financial systems, or a high volume of daily transactions

Monthly cost: \$3,200 - \$3,520 \$3,200 - \$3,520

Based on data from the Bureau of Labor Statistics, Salary, Payscale, Glassdoor, and Indeed, the average base salary of an in-house bookkeeper is \$42,000 - \$46,000 per month, or an hourly wage of \$20 - \$22.

Remember that salary isn't the only cost of hiring an in-house bookkeeper; you should also consider the costs of training, employee benefits, and FICA tax. (A freelance bookkeeper would pay their own FICA taxes; read more about the advantages of hiring a 1099 worker over a W-2 employee in this article!)

Best for: Small-to-medium businesses

Monthly cost: \$250-\$1,500

There is less of a clear answer when it comes to the cost of hiring a bookkeeper because you may not need their services full-time.

After researching the pricing tiers of various bookkeeping service providers, we discovered that the average range for small to medium businesses is \$250 - \$1,500 per month.

Part-time bookkeeping services can be much more affordable than a full-time bookkeeper working in-house if you only require five or so hours of work per month.

Larger companies with a higher volume of complex transactions, on the other hand, will require more hours, and an outside bookkeeper will charge them at the higher end of the range.

Freelancers, independent contractors, gig workers, and other sole proprietors benefit the most.

Monthly cost: \$16

A dedicated traditional bookkeeper may be overkill — not to mention unaffordable — for one-person businesses, but handling your financial recordkeeping on your own can still be overwhelming.

If that's the case, an app-based bookkeeping solution like Keeper may be the best fit for you; it's the cheapest option by far, and it's probably a good fit if you:

- Need assistance tracking your business expenses for tax purposes?
- Wouldn't it be nice to be able to ask a tax professional questions?

If you download the Keeper app and link it to your bank or credit card, it will automatically scan your last 18 months of purchases for tax write-offs, potentially saving you thousands of dollars.

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You'll also have access to your own tax assistant, who can help you with your tax and bookkeeping questions.

At only \$16 per month (with a seven-day free trial!), this is a low-risk option for freelancers or independent contractors — or anyone who needs some assistance filing their self-employment taxes (which you can do right in the app).

{filing_upsell_block}

We've been able to keep our monthly fees low by using machine learning to do the first pass on your write-offs, allowing our bookkeeping staff to focus on the more difficult tasks. Check it out here!

You've probably heard how much a professional bookkeeper costs, and you're probably wondering if it's really worth the money to hire one, or if you can do it yourself.

If cost is a major deciding factor for you, here's a method for determining whether it's worthwhile.

1. Determine how much time you spend on bookkeeping each month and keep a record of the work you do and the number of hours it takes. You know, data entry, phone calls, account receivables management, and financial transactions.
2. Determine your average hourly rate for clients.
3. Divide the first number by the second to find out how much your DIY bookkeeping is costing you!

Assume you spend approximately five hours per month on bookkeeping and your hourly rate is \$75.

That would imply that your DIY bookkeeping "costs" you \$375 per month (5 hours x \$75). (If you pay for tax software to assist you in filing taxes, that is an additional cost to consider.)

In this case, doing your own bookkeeping is more expensive than hiring a professional — and much more expensive than using Keeper — and it's a better idea to have someone else do it for you because your time is more valuable elsewhere.

Finally, whether or not to DIY your bookkeeping is determined by a variety of other factors, as well as your priorities.

- Perhaps you want to devote all of your time to accelerating your company's growth.
- Perhaps you lack the knowledge to manage your financial records — or the time to do so.

Both of these are valid reasons to avoid DIY, even if it appears to make financial sense on paper.

If you're still on the fence about hiring a bookkeeper, here are a few more things to think about.

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Not every self-employed worker or small business owner requires the services of a bookkeeper; perhaps you're new to the 1099 world, or you have simple finances that you don't mind handling on your own. Maybe you're strapped for cash and can't afford to hire a professional right now.

Getting help with bookkeeping, on the other hand, can free up time you can use on new projects, as well as help you improve your company's financial health by keeping you organized and allowing you to maximize your tax write-offs.

Still not convinced? Here are a few red flags that it's time to hire a pro.

Let's face it: bookkeeping isn't everyone's idea of a spring picnic, and because the task can feel overwhelming, your books may fall behind.

This isn't a good situation to be in because you won't have an accurate understanding of your company's expenses, profits, and overall cash flow unless you keep your books up to date. This can lead to significant losses that you could have avoided.

If you fall behind on your books, you can always turn them over to your regular accountant during tax season and they will take care of everything, right?

Not quite.

If you fail to keep accurate monthly records throughout the year, a CPA will not always provide them retroactively, and as previously stated, you will have no idea where your finances stand.

If they agree to provide retroactive records, you could be hit with a hefty bill. Full-service accounting is expensive, and CPAs typically charge a higher hourly rate than bookkeepers.

This process may also involve a lengthy back-and-forth, as your accountant will need to fill in the gaps in your records, which means gathering all of your proof of purchases from the previous year.

It can take time to research how to keep track of your books, let alone best practices for creating a financial system from scratch.

If you feel like you've become a full-time bookkeeper while neglecting your actual job, it's time to consider hiring professional help; you'll be glad you did when you can finally work on your projects again!

Too many self-employed people, startups, and business owners overlook tax breaks that could save them a lot of money.

A professional — or reputable tax software! — will assist you in taking advantage of these deductions; they will know which expenses qualify and how to claim them. Their expertise will ensure that nothing falls through the cracks, allowing you to reduce your taxable income and stay on good terms with the IRS.

You should have a good idea of how much a bookkeeper will cost you and how that compares to the cost of doing it yourself by now, and you should be able to decide whether to hire a professional or hire outside help.

Whatever choice you make, we hope this post helps you navigate the world of self-employment with confidence — and profits!

Keiper is on a mission to help people overcome the complexity of taxes, which occasionally leads us to generalize tax advice. If you have any questions, please email me.

How much does it cost? The Certificate program costs around \$3,400 for Maricopa County residents, and the AAS degree costs around \$5,200. Financial aid is available for students who qualify. Financial Aid is available for students who qualify.

Schedules for Massage Therapy and Financial Information

To become licensed, you must complete an Illinois-approved massage program that includes at least 500 hours of didactic instruction. Details on Illinois Massage Licensing, Exam, and Certification.

To become a massage therapist in North Carolina, you must complete at least 500 hours of training at a board-approved massage therapy school, with programs ranging from 6 to 12 months depending on whether you want to work full-time or part-time. Different schools offer programs ranging from 6 to 12 months, depending on if you choose to go full-time or part-time.

An increasing number of people are looking into how much massage therapy school costs, and with good reason. The Bureau of Labor Statistics (BLS) expects the job outlook among massage therapists to grow by 21 percent over the next ten years. That estimate far exceeds those predicted for other professions.

The reasons behind this kind of growth relate to a few different developments. The aging baby boomer population has helped increase demand for good masseurs, for one. The growing popularity of spas has also contributed to industry growth. There's been more of a recent focus on holistic health, as well. That, coupled with an increasing amount of stress in society, makes a great recipe for demand.

Read on to learn more about the costs associated with breaking into the field and the available financial aid options.

- How Much Does Massage Therapy School Cost?
- Financial Aid Options for Massage Therapy School
 - Federal Financial Aid
 - Scholarships and Private Grants
 - Payment Plans
 - IRS Tax Credit and Deductions
 - Veterans Benefits
- Conclusion
- FAQ
 - How much does massage therapy certification cost?
 - Do massage therapists make good money?
 - How long is therapeutic massage school?



Tuition costs vary depending on the duration of the massage program. Most state boards demand students receive at least 500-600 hours of massage therapy training before working in a professional setting.

Other accredited massage therapy schools may require more time in the classroom, which can significantly bump the price up. Still, the range typically falls anywhere between \$3,000-\$15,000 for a one-year program.

Other factors that can impact tuition price include whether you are attending a public or private massage school. Public colleges, including community colleges and vocational schools, typically offer more affordable and expedited programs than private institutions.

The application fee and costs associated with your student massage table, liners, lotions, creams, textbooks, student liability insurance, and other study materials will also affect the price of massage therapy school tuition.

While it's true some massage schools cost more than prospective students are able or willing to pay, accredited institutions will offer financial aid to help them cover the tuition. Check out the list below to learn more about some of the most popular options.

Each year, the Free Application for Federal Student Aid (FAFSA) provides billions of dollars in grants, student loans, and work-study from the U.S. Department of Education. The form takes just about an hour to fill out online. Within 3-5 days, you'll hear back about what kind of federal aid award package you are eligible for.

ICOHS College is committed to helping you navigate through the financial aid process. Schedule an appointment with our Financial Aid Counselor for help completing your financial aid paperwork.

There are a number of private institutions offering financial assistance for students enrolled in massage programs. A few of the most popular scholarship initiatives include:

- IPSA Foundation Mary Tabacchi Scholarship
- Massage Therapy Foundation Research Grants
- ATMA Student Scholarships
- The Imagine Scholarships
- Massage Envy Spa Massage Scholarship

Different financing options may also be available, depending on your massage program. Contact your admissions representative today to learn more about installment agreements and monthly payment plans if you can't pay in full.

The Lifetime Learning Tax Credit offers deductions for higher learning initiatives of up to \$2,000, depending on your income. The policy also allows you to deduct costs associated with certifications, licenses, and memberships.

The American Opportunity Credit is another option for students enrolled in eligible massge programs. This program offers a maximum annual credit of \$2,500 per student. Note that this option is not available to indiv

When you are looking for a school, find out exactly what your state requirements are, since this can help you determine what type of training to get. Most states require that you pass a practical exam demonstrating your knowledge and expertise to become certified and/or licensed. The Federation of State Massage Therapy Boards offers a list of regulations by state. Also keep in mind that some cities and towns also impose additional requirements.

In general, you will need to complete a program of study that includes the National Certification Examination for Therapeutic Massage and Bodywork or the National Certification Examination for Therapeutic Massage and Bodywork. Alternatively, some states accept a licensing program provided by the Federation of State Massage Therapy Boards. However, you should be aware that some state requirements may not meet the new locality's requirements. Finally, if you plan to start your own business, keep in mind that you will need to establish and market your services as an independent business.

Difficulties may arise when you try to find a school that matches your needs and your goals. For instance, some schools focus on specific areas of study, such as medical basics if you are interested in working in a hospital or clinic. You will need to be successful in your chosen area, such as medical basics if you are interested in working in a hospital or clinic. You will need to be successful in your chosen area, such as medical basics if you are interested in working in a hospital or clinic.

One of the most important factors to consider when choosing a school is whether it is accredited by the U.S. Department of Education. Schools that meet the national standards will typically be accredited by the U.S. Department of Education. Schools that meet the national standards will typically be accredited by the U.S. Department of Education.

Other factors to consider include whether the school offers full or part-time programs, the cost, what type of financial aid is available, the reputation and what kind of career opportunities are available.

The requirements for becoming a massage therapist vary by state, but most states tend to require therapists to undergo more hours of training than more rural areas.

The amount of time it takes to complete a program varies, but most programs require at least 600 hours of training. At beyond the basic training, you may also want to take some extra classes in specialty techniques that can take several months to a few years, depending on your circumstances and goals.

The cost of a massage therapy program can range from \$1,500 to \$10,000. (While 150 is the minimum of credit hours required, a 1,000 hour program would be \$10,000.) Depending on where you go and what you study, you can expect to pay between \$3,000 and \$20,000 depending on where you go and what you study. You should plan to do some research and find out what options exist in your area and make the most sense for you.

So, if you are considering a career in massage therapy, it is important to research the requirements and costs of the programs in your area.

When you are looking for a school, you will need to plan to add this into your overall expenses. You should also consider the cost of living in the area where you will be studying.

Just as with any other profession, proper training is essential. If you have the proper training, you should be able to find a job or start your own business and get a good return on your investment.

Massage therapy is a growing field, and if you're interested in anatomy, a career as a licensed massage therapist may be a good option for you.

Some massage therapists choose to specialize in working with specific clients, such as in sports medicine or geriatrics.

If you are interested in becoming a massage therapist, how to become one and what a Massage Therapy program is like.

Massage therapy programs typically include the following components:

- Introduction to Massage Therapy
- Introduction to Massage Therapy

Messages can be delivered in a variety of ways, including in person, over the phone, or through video. When working with a client, the therapist (sometimes called a masseuse) will typically conduct a physical assessment of the client's condition and discuss their goals for the session.

During the massage, the therapist will use a variety of techniques to help the client relax and reduce stress. Some techniques include deep tissue massage, Swedish massage, and trigger point therapy.

When working with a client, the therapist (sometimes called a masseuse) will typically conduct a physical assessment of the client's condition and discuss their goals for the session. Massage therapists typically use their hands, while some may also use body

The BLS attributes massage therapist job growth to a few factors. One is that more states are requiring licensing and other standards in order for massage therapists to practice. This adds to the legitimacy of massage therapist work, which makes people more likely to seek out massage for wellness.

Another reason for the growth of massage therapy jobs is that physicians are increasingly recommending massages to their patients' care plans. In some countries around the world, like in Australia, remedial massage is even covered by health insurance.² As massage's health care reputation increases, it's also expected to be a more popular and more widely available form of treatment.

The following are the states with the highest employment levels for massage therapists as of May 2020, according to the BLS, along with employment data.⁴ These estimates do not include self-employed massage therapists, which the BLS reports make up the largest employment source for massage therapy, with 38% of massage therapists working as self-employed workers.⁵

State Employment California 11,450 Florida 6,450 Colorado 5,240 New York 5,180 Texas 4,440

Carrington College focuses on small class sizes and hands-on training. Here you're more than a face in a room. Take the first step on your way to a new career in Massage Therapy.

There are massage therapy jobs in a variety of environments, from standalone massage therapy clinics to hotels and wellness resorts. Some massage therapists are solopreneurs, providing services as a self-employed massage therapist out of a rented room or by bringing massage therapy services directly to their clients.

The BLS reports in 2020 the largest massage therapy employers were as follows:⁵

- Self-employed workers: 38%
- Personal care services: 31%
- Offices of all other health practitioners: 11%
- Offices of chiropractors: 8%
- Accommodation: 5%

Self-employed massage therapists have freedom to choose their own clients and work whatever hours they want. Massage therapists who work for a business owner must agree to the hours and pay their employer provides. Consider the differences between being self-employed or working as a massage therapist for someone else.

Self-employed:

- You choose your schedule and how many hours a week you want to work.
- You're in charge of marketing yourself and getting clients and referrals.
- You decide your work environment: mobile, renting out a room, having clients come to you, etc.
- As a self-employed solopreneur, you must manage invoicing, expenses and business taxes.

Working for someone:

- You work the hours you're scheduled.
- You receive a salary.
- You get sales and marketing help from the business.
- You don't have to pay for things like massage therapy space.

Being self-employed provides many freedoms, but it can also be more demanding since you're responsible for your income. Consider your comfort level with getting your own clients and managing your own business if you're thinking about the self-employed route.

Entering the field generally requires massage therapist training and licensure/certification. These are the steps you can expect to take for how to be a massage therapist.⁶

1. Get educated. According to the BLS, education requirements will depend on the state or city you live in. Typically, you'll need to complete at least 500 hours of study (or 1,000+ hours, in some cases) at a massage therapy school.⁷ To gain entrance into massage therapy school, the requirements are typically a high school diploma or equivalent. You'll typically learn massage therapy techniques, anatomy, kinesiology, pathology, physiology and ethics in a massage therapy program.
2. Obtain a license or certification. Check the massage therapist requirements for the state you want to work in to see if there's a license or certification required. Typically, you'll need to get licensed because massage therapy is a regulated industry in most states. It directly impacts people's health and well-being, so you'll need to meet education, training and exam requirements before you can get licensed and start legally working as a massage therapist. The Federation of State Massage Therapy Boards offers the Massage and Bodywork Licensing Examination (MBLEx), which is commonly used for massage therapy licensure.⁸
3. Meet other state requirements. Depending on the state where you want to work as a massage therapist, you may need to meet other licensure requirements. These might include CPR training, passing a background check and obtaining liability insurance. To maintain a massage therapy license, you may have to complete continuing education.

Massage therapy is commonly regulated with licensing requirements in order to protect individuals and businesses. If you plan on being self-employed, you'll still need to meet your state licensing requirements in order to provide massage legally.

Also, check into requirements about where you can have a massage business. Some states may require that if you choose to offer massage from your home, your space has to have a separate entrance and meets zoning requirements in order for you to legally operate a massage business.

Massage therapist certification is generally a straightforward process and easily obtainable if you've attended a credible massage therapy school. Massage license requirements will vary by state, but here's an example of how to become a licensed massage therapist in Arizona.⁹

- Applicant must have graduated from a massage school with a minimum of 500 hours.
- If the applicant graduated from a massage school outside of Arizona, the applicant must have passed the national licensing exam from either the National Certification Board for Therapeutic Massage & Bodywork¹⁰ (NCBTMB) or the MBLEx.
- Applicant must be at least 18 years old.
- Applicant must be a citizen or legal resident of the United States.
- Applicant must have either a high school diploma or general equivalency.
- Within 5 years of application date, the applicant must not have been convicted of a class 1, 2 or 3 felony; a class 4, 5 or 6 felony with a reasonable relationship to the practice of massage therapy; or a misdemeanor involving prostitution or similar offense related to massage therapy.
- Applicant must pass a background check.

With an Arizona massage certificate, a massage therapist can apply to work at businesses in Arizona that offer massage therapy or may become a self-employed massage therapist. Similar massage therapy license processes take place throughout the U.S.

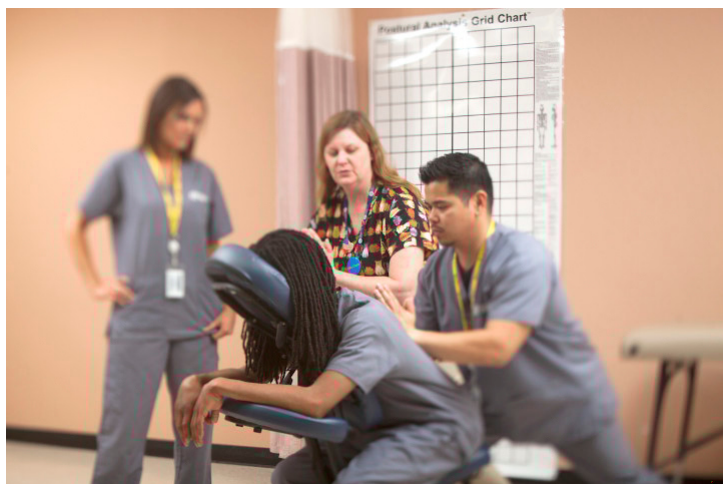
Before you compare massage therapist programs, it helps to research licensure requirements for the state you want to practice in. That way, you can choose one of the massage therapy programs that meets the requirements and can help you get licensed to work.

As you look at massage therapist classes, consider these factors.

- Cost: Many factors go into the cost of massage therapy school. Most post-secondary education programs will have tuition. Also, think about the cost of relocation if you choose to pursue a program away from home. You can save money by choosing a local program. Ask the school you're considering about financial aid options like grants, scholarships and loans.
- Instructor quality: Ask about the experience that instructors at a massage school have. Ideally, you'll want to learn from instructors who have diverse professional experience so you can get a well-rounded massage therapy education.
- Hands-on experience: Getting to practice actual massage frequently is an important part of massage therapy school. Ask about what to expect from massage therapist course curriculum and the type of hands-on experience you'll receive.
- Licensure preparation: Some massage therapist schools will design the curriculum so it prepares students to become licensed and complete a national exam like the MBLEx. This is helpful, because it makes the licensing process go more smoothly since students know exactly what to expect.
- Career services: If you're attending massage therapy school, you're probably interested in working as a massage therapist. Some schools offer professional externship experiences, and some will provide career services to help you obtain a position after graduation.

Also, make sure the school you attend teaches the kinds of massage you're interested in. Some schools teach a wide variety, so you're prepared to provide clients with their preferred massage method.

Massage therapist school typically requires at least 500 hours of education for graduation. Some schools will have longer programs so that you can meet minimum state licensing requirements. You may be able to complete massage therapy school in as few as nine months. If you attend a part-time program or program where you design your own schedule, the program could take longer.



There are massage therapist school online options, but they don't include the hands-on training you'd get from an in-person school. Since massage therapy is a hands-on practice, many massage therapy students prefer being able to get real-time feedback on massage therapy techniques from an experienced instructor.

Also, consider that depending on your state's licensing requirements, you may be required to attend an accredited massage therapy school. Not all online massage therapy schools are accredited. That means you could waste time and money attending one if your goal is to become a licensed massage therapist.

Carrington College's Massage Therapy Program offers you the hands-on training you need for a job as Massage Therapist. Take the first step on your way to a new career.

Carrington College includes Massage Therapy as part of the available Medical Programs to take.¹¹ The program takes as few as nine months to complete and prepares students to pass the MBLEx for massage therapy licensure.*

*Carrington College prepares students to take appropriate certification and licensure exams related to their individual majors. The College does not guarantee students will successfully pass these exams or be certified or licensed as a result of completing the program.

Carrington College's Massage Therapy program teaches students a variety of massage therapy knowledge. Massage therapy courses include:

- In-depth anatomy and physiology, including organ systems, skeletal systems and muscular systems
- Hands-on, instructor-led massage therapy practice
- Variety of massage techniques, including Swedish, deep tissue, chair massage, shiatsu, aromatherapy, hot stone massage and sports massage
- Business, ethical and legal concerns in massage therapy

Students at Carrington College also complete an externship to gain professional massage experience.

Upon graduation and passing the MBLEx, graduates are prepared to work in a variety of environments as licensed massage therapists, including chiropractor and health care offices, as well as to become self-employed massage therapists.

The following are massage therapy classes you'll take at Carrington College.¹²

- Massage Therapy Theory 1: The anatomy and physiology of the skeletal and muscular systems are presented, as are the bones and major muscles of the back and pelvic and shoulder girdles. Professional development skills, including ethics, self-care and practice management are also covered.
- Massage Applications and Lab 2: This course presents elements of deep-tissue and trigger-point technique as applied to the body. Techniques for special populations are also covered. Student skills are developed through participation, application and practice of each of these techniques
- Externship: Students are assigned to a professional or clinical office that provides work experience in massage therapy. This externship course offers field experience in an actual work environment, providing an opportunity for students to practice, under direct supervision of a clinical instructor, skills they have learned. Student hours are tracked on a weekly time sheet that is submitted to the campus at the end of each week.

There are five massage therapy theory courses and five massage applications and lab courses before the externship. Students graduate with a certificate with 765 contact hours.

Carrington College is a great choice for massage therapy training. Classes are taught by experienced instructors. Students learn a wide variety of massage therapy techniques and get real-world experience in an externship. Upon graduation, a massage therapy graduate is prepared to sit for the MBLEx and work as a massage therapist.

Massage therapy can be a fulfilling career when you want to help people achieve better health and wellness. If you enjoy working with your hands and are interested in human anatomy and physiology, consider a career as a massage therapist.

Learn more about Carrington College's program, its benefits, and admission requirements by requesting more information.

Typically, you'll need to complete at least 500 hours of study (or 1,000+ hours, in some cases) at a massage therapy school.⁷ Your state may require licensing, certification or additional education.

The job outlook for massage therapists is bright, according to the BLS.¹

According to the BLS, these are the largest massage therapy employers:⁵

- Self-employed workers: 38%
- Personal care services: 31%
- Offices of all other health practitioners: 11%
- Offices of chiropractors: 8%
- Accommodation: 5%

Last updated Jul. 13, 2020

\$ Low: \$4,000-\$6,000 \$ High: \$10,000-\$25,000+

Massage therapists are employed in clinical settings like hospitals and retail settings such as spas, providing plenty of bodywork treatments for relaxation and assistance in recovering from injury.

The massage therapists often travel to the offices and homes of their clients.

There are more than 80 different types of massage specialties, and in general, the massage therapists develop skills in more than one area of massage.

To work as a massage therapist, people should possess formal training, and state-issued licenses are typically required.

As many as 1,500 schools are providing massage therapy training programs in the U.S., where the costs of these schools vary significantly and start from \$4,000 to \$6,000 and reach as high as \$10,000 to \$25,000 or more.

There are public and private programs, and the private programs are not more costly than the programs offered at community colleges.

However, some private programs can be quite expensive, as the AKS Massage School in Virginia which offers 650 hours of training for \$10,000, and The Massage School in East Hampton, MA, providing an 800-hour program for \$3,600-\$5,600.

The cost of community colleges varies based on the program offered.

For example, the Aloha Massage School in Maui provides a one-year program for \$4,300 for in-state students.

The Community College of Vermont requests \$13,000 for a two-year associate's degree program in massage therapy for in-state students and \$26,000 for out-of-state students.

At the same time, the book costs for massage programs which students usually pay at community colleges, are several hundred dollars per semester.

- The massage programs usually require classroom training, including courses in anatomy and physiology, where students typically learn about the circulation, muscular and skeletal system, followed by massage work on clients.
- The students learn basic skills like draping patients for privacy and sanitary techniques in their first classes to be ready when they begin to work with clients.
- However, before working on private clients, students usually practice the skills they learn in class on family members, volunteers and community members.
- Further, there are courses on massage theory; such as learning the difference behind Thai and Swedish massage.
- The students practice the development of treatment plans, keeping patient notes, and learning professional ethics and conflict resolution.
- The various types of massage techniques are taught in most programs, including the Swedish massage, the Asian bodywork, and massage for special populations, such as the elderly.

- The license costs typically vary by state and are around \$100.
- Annual or biannual renewals are needed; for example, in Texas, the initial license costs \$117 and a biannual renewal \$106, while in Georgia it's \$125 for the initial license and \$85 for a biannual renewal.
- Most states make the massage therapists pass an exam, such as the Federation of State Massage Therapy Boards or the National Certification Board for Therapeutic Massage and Body Work's exam for about \$200.
- Some cities or counties regulate massage in addition to, or instead of, the state.
- One can check the county and city licensing boards for fees.
- The optional materials, including the massage table, can cost up to \$1,100.

- Certain schools, including the Atlanta School of Massage, provide financial aid such as Pell Grants and Stafford Loans, and further offer tuition assistance.
- Other schools provide scholarships and payment plans, such as Lauterstein-Conway Massage School.
- One should check the individual schools to see which financial aid programs they participate in, and most have financial aid offices.

- The Massage Register provides links to licensing requirements by state and links to state licensing boards.
- The training programs usually allow students to meet the licensing requirements for the state.
- The admissions office need to be able to provide information on how many of the school's graduates pass the exam.
- The prospective students ask admissions officers about job placement rates for graduates.
- All accredited schools are presented at the Commission on Massage Therapy Accreditation and the Accrediting Commission of Career Schools and Colleges.

Becoming a massage therapist is a potentially valuable career. And with the right education, a massage therapist gains an invaluable skill set. It's a rewarding profession that serves the health and wellness of a community.

How much does it cost to become a massage therapist? Tuition for a massage therapy school can be as low as \$475 for a 15-month program at Texas Massage Academy. Or, it can be much higher like the Costa Rica School of Massage Therapy where they offer an accelerated, 4-month program with on-campus housing for \$18,500.

Choosing which massage therapy school to attend will depend on several factors. A few things to consider include:

- What type of massage therapist do you want to be?
- How much time do you have available for school?
- Can you afford the tuition out of pocket or will you need financial assistance?

This first step will help you to sort out which school will best fit your educational goals and needs. Being able to answer these three questions will get you started on your path to a successful career as a massage therapist.

When looking at the vast range of tuition prices of massage therapy schools, remember that more expensive doesn't always mean better value. Likewise, a cheap tuition rate doesn't indicate a poorer educational experience. In fact, the Texas Massage Academy offers its most in-depth massage therapy program for the lowest of its three tuition rates.

An accredited massage therapy program typically provides:

- Education in the classroom
- Practice in the laboratory
- Real-world experience in a supervised setting

The education portion of massage therapy school will start with the basics. Students will cover aspects of the human body as they relate to massage therapy like topics of anatomy to learn about the different tissues of the body, Introductory classes will go over body systems like the cardiovascular, respiratory, and digestive systems that can benefit from massage therapy treatments.


The curriculum in the classroom will be dependent on the specific massage therapy program offered by the school. For example, Soma Institute, in Chicago, offers a diploma program in Clinical Massage Therapy. This one of a kind program prepares its students for an array of career options like:

- Spa-style wellness massage found in hotels, resorts, and beauty spas
- Medical massage specialists who work alongside doctors and nurses in hospitals and clinical facilities
- Sports massage therapists for professional teams like the National Football League, the National Basketball Association, or the National Hockey League as well as college players in the NCAA and high school sports teams

As the classroom time delves deeper into the massage therapy curriculum, students will take that knowledge into the lab. There, instructors will provide students the opportunity to practice what they've learned in the classroom for a hands-on training experience. Students will work together as they demonstrate the knowledge they've acquired from the classroom.

How much time you spend in the classroom and laboratory will vary from school to school. Most massage therapy programs will range from 600 to 750 clock hours. The number of hours encompasses time spent in the classroom, the laboratory, and observation hours. The observation portion of hours is often referred to as an internship.

As with most professions in the United States, each state has set its own requirements with regard to massage therapy licensing. In general, they vary in the amount of time spent in the internship phase of the program. Time spent in the classroom and lab tends to be fairly consistent from school to school.



For example, the state of Texas only requires 50 hours of clinical observation hours to become a licensed massage therapist. To incentivize its students to go beyond the state minimum and acquire more real-world experience, the Texas Massage Academy charges the least amount for its longest program. They offer the core requirement with the minimum hours for \$5550 or you can enroll in their Elite Mastery program with 225 observation hours for only \$475.

All three massage therapy programs they offer provide the same amount of classroom learning and hands-on lab experience. The only difference between the three, besides the big jumps in price, is the amount of time spent interning.

Core Program \$5550 Advanced Core \$3570 Elite Mastery \$475 Semester 1 – 250 hours of in-class and lab time

Semester 2 – 50 hours of internship

Semester 3 – 200 hours of in-class and lab, exam prep

Semester 1 – 250 hours of in-class and lab time

Semester 2 – 120 hours of internship


Semester 3 – 200 hours of in-class and lab, exam prep

Semester 1 – 250 hours of in-class and lab time

Semester 2 – 225 hours of internship

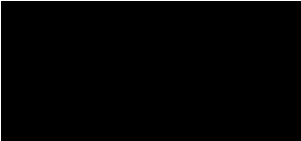
Semester 3 – 200 hours of in-class and lab, exam prep

Massage therapy schools like the Soma Institute and Florida's Sarasota School of Massage Therapy offer a 750-hour program. These longer programs offer more time to learn and prepare students for the Massage and Bodywork Licensing Exam (MBLEx) required by most states. The higher tuition rates of these two schools go beyond paying for class time and training.



The Soma Institute's 11-month Clinical Massage Therapy program for just over \$14,000 gives students a unique on-campus internship. Students will get interactive sports massage experience with the NCAA Division I Loyola University. Tuition at Soma Institute in Chicago also covers the cost of:


- Soma Institute polo uniforms
- Student liability insurance
- Initial licensing fees for the exam, fingerprinting, and massage therapy license



Like Soma Institute, the Sarasota School of Massage Therapy's tuition takes care of the fees associated with the exam and licensing process. It is important to note, in this case, that the MBLEx must be taken within 30 days of graduation. Beyond that deadline, the paid tuition no longer covers those fees associated with licensing and the student will have to pay out of pocket for the following:


- exam fee
- background check
- fingerprinting
- license fee

Tuition at Sarasota also includes the cost of a massage table as well as lotions, creams, and oils.



Most massage therapy schools have a registration or application fee associated with their various programs. This fee is usually between \$25-\$50 and covers the cost of paperwork and administration fees. Students can be expected to cover the cost of various classroom materials and books not covered by the tuition.

The price range for these incidentals and textbook materials will vary based on the school's requirements. At Soma Institute, students will pay around \$150-\$200 for books, linens, and supplies. Textbooks and additional supplies at Sarasota School of Massage Therapy cost around \$380 per student. Meanwhile, in Texas, students at the academy spend around \$550 on textbooks and classroom materials.



If you're feeling adventurous and have 4 months to spare then perhaps the Costa Rica School of Massage Therapy is just what you need. Their recent accreditation through the Commission on Massage Therapy Accreditation (COMTA) makes them the first certification and training program for study abroad. That means the education you receive in Costa Rica will prepare you for the MBLEx just as well, if not better, than a school in most of the United States and other places around the world.

At the Costa Rica School of Massage Therapy, your tuition of \$16,500 includes:

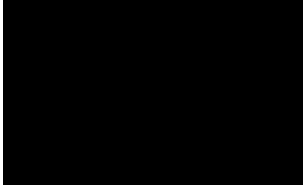
- Complete massage therapy curriculum that prepares students for the Massage and Bodywork Licensing exam and licensure for practicing massage therapy in the United States
- Fully equipped classrooms with massage tables, linens, lotions, oils, and creams
- Access to the student massage therapy clinic for the completion of internship hours
- Textbooks and other classroom materials such as charts and diagrams
- Graduation ceremony complete with dinner and well-deserved celebration

What's more, is the campus has open-air classrooms just a short stroll away from the beautiful beaches of Playa Samara. You'll find yourself in a paradise of tropical fruit trees with mangos, bananas, and papaya at your fingertips while

walking to and from classes. And best of all, the fast-paced learning is mixed with personal time off for adventure and exploring between quarters.

For an additional \$2000, students of the Costa Rica School of Massage Therapy can live in the on-campus housing. These shared bungalows provide a fully furnished kitchen, living room, bedrooms, and baths. Outside is a patio with hammocks for a relaxing place to study or unwind after class.

The campus housing has overnight security, a swimming pool, weekly housekeeping, and wireless internet. It's a secure and gated campus located close to the markets, restaurants, and beaches of Playa Samara. By living on campus, you'll never be late to class and you'll have the opportunity to immerse yourself into the massage therapy experience.



The range in salary for a massage therapist working in the United States is \$45,000 to \$60,000 and up. Sports massage therapists can make an average of \$71,000 per year in salary.

The top four states employing the most massage therapists are Hawaii, Arizona, Colorado, and Washington. The city with the highest number of massage therapists is Napa, California.



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