

17 Ways to Make Your Spray Tan Last

Does it vary by shade?

Although the average spray tan is advertised to last up to 10 days, it really depends on how dark you're trying to go.

For example:

- Lighter shades may last up to five days.
- Medium shades typically lasts seven or eight days.
- Darker shades can last up to 10 days.

This variability is tied to the tanning solution's active ingredient, dihydroxyacetone (DHA). Darker solutions contain more DHA. The more DHA, the longer the color will hold.

The way you care for your skin before and after your spray tan also plays a role. Read on to find out how you can make your spray tan last longer.

A great spray tan starts long before you walk into the spa or tanning salon. Here's how to prep for your appointment.

Schedule your appointment around your period

In a weird-but-most-likely-true turn, spray tanning the week before your period may not take as well as tanning after your period. There isn't any scientific evidence to back it up, but a spray tan guru interviewed for marieclaire.com swears by the tip.

Exfoliate every day for three days before

Physical exfoliating techniques like body scrubs, loofahs, and dry brushing remove dead skin cells that cause streaking and flaking. Don't have any of these options? A washcloth works great, too.

But don't use chemical exfoliants or oil-based products

Chemical exfoliants use ingredients like retinol and glycolic acid to encourage exfoliation. Skip these for at least 24 hours prior to spray tanning to keep the exfoliant from taking off your spray tan, too.

Oil-based products are also a major no-no. The oil creates a barrier that can keep the tanning solution from absorbing into your skin.

No waxing within 24 hours of your appointment

While smooth skin is a do, waxing within 24 hours of your spray tan can leave you with an uneven tint. That's because waxing temporarily opens your pores, leaving them larger than before.

Shower at least eight hours before your appointment

Eight hours seems to be the magic number when it comes to getting the best spray tan results. The skin has time to resume its post-shower pH balance while still enjoying the benefits of exfoliation.

Wear loose-fitting clothes and shoes to your appointment

Spray tans mean no tan lines — unless you put on a tight bra, strappy shirt, or other tight-fitting garment immediately after your appointment.

Plan ahead and opt for a loose-fitting shirtdress and slip-on shoes to prevent friction from creating unwanted tan lines.

Remove your makeup and deodorant after you arrive

If you don't want to go without, bring a pack of unscented, oil-free wipes to your appointment. Remove all makeup and deodorant and allow your skin to dry before your technician sprays your skin.

Your spray technician will tell you what to expect over the next 24 hours. This includes what clothes to wear, when to shower, and what products you can use. Here are some general guidelines to help you preserve your shade.

Beware of VPLs

Many tanning salons give their clients paper panties to wear for the rest of the day. They may not be the most fashionable, but these bottoms help prevent visible panty lines (VPLs) and save your undies from unwanted tanner stains.

Apply baby powder to prevent streaking

Unfortunately, deodorant is still a no-go after your appointment. Sticks and sprays contain ingredients that may interact with your tanning solution and result in unwanted patchiness.

Sweating can also cause streaks and spots, so what's a newly tanned person to do? Apply baby powder. Shake a generous amount onto all sweat-prone areas, such as:

- underarms
- inner elbows
- back of your knees

- under your butt

Wear loose-fitting clothes and shoes for the first 24 hours

If possible, keep clothing loose for the first 24 hours after your appointment. This includes sleepwear. Friction from tight clothing can create streaks and leave indentation.

Don't wash the solution off for at least six hours

You must wait at least six hours after your appointment to take a shower. This gives your skin ample time to absorb the solution and ensure an even shade. There are some newer products on the market that allow you to shower sooner with the same great results (ask your salon if they carry it).

You can leave the solution on for 12 hours at most. Any longer and you may actually develop streaking.

When it's time, take the proper shower precautions

You don't want to spend too much time in the water. Doing so could cause your color to begin fading before its public debut.

Use lukewarm — not hot — water, and avoid using any scrubs or soaps. Just let the water run over your skin.

If you have to wash your hair, it's important to keep the products off of your skin. This may mean a slower, more methodical wash and rinse.

Nix the oil-based products and fragrances

Avoid oil-based products until after your tan has faded. Not only can they prevent your skin from initially absorbing the tanning solution, but they can also prevent your skin from retaining the product.

Lightly exfoliate every two to three days

Each exfoliation scuffs away the surface of your freshly-tanned skin, so keep it minimal until after the tan fades.

You can use a gentle exfoliator (usually containing round beads) every couple of days to help keep things fresh.

If you must shave, shave gently

If hairy legs aren't your style, it is possible to keep your tan from fading with each swipe of your razor. Use slow, even strokes and press down lightly to prevent accidental exfoliation from your razor.

Use self-tanner to "top off" your spray tan

You may be able to extend the life of your tan by using a self-tanner or other gradual tanning product.

Although these won't provide the same color and depth as your initial spray tan, they may add a few days to its lifespan while keeping your skin soft.

Apply highlighter to enhance your glow

Highlighters have shimmery components that can really set off a tan. Apply some shimmer wherever you want your color to pop — like your cheekbones and collarbones.

When it comes to getting your glow on, spray tans are the safest option available.

And with the right maintenance, a dark spray tan can last up to 10 days.

If you still have questions, talk to your spray technician about how you can make your color last and prevent streaking.

Does Spray Tan Develop After Shower? - GET EASY LIVE

Does spray tan develop after shower? Does it get darker? Does it lighten up after you take a shower, or does the water wash off the colour and make it go away?

If you want to maintain your perfect, sexy-looking skin tone, then make sure to read this blog post!

We'll go over everything you need to know about how long is too long before taking a shower following your spray tan application, as well as other do's and don'ts of maintaining your new look.

- How long does it take for a spray tan to develop?
- Does spray tan develop after shower?
- Does spray tan lighten after I shower?
- How to Shower After A Spray Tan
- Does showering affect spray tan?
- Do and don'ts of a spray tan?
- What should I do the day before my spray tan?
- What are Some Other After Care Tips I Should Know?
- How do I stop my spray tan from going patchy?
- How long should I wait for different tan shades?
- How do you stop a spray tan from transferring onto your clothes?
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- How Long After A Spray Tan Can You Shower?
- Should I Leave My Spray Tan On Overnight?
- Will My Spray Tan Get Darker Overnight?
- Does Spray Tan Rub Off If You Sweat?
- How Do You Sleep After A Spray Tan?

How long does it take for a spray tan to develop?

Do you know when a spray tan develops? The answer is: it takes about 12-24 hours for the colour to develop, so your skin will continue to darken over time.

If you shower or swim before the tan has developed, the water will wash away some of the colour and make it look lighter than intended.

“Do you find yourself wondering if your spray tan will develop after showering? I know that question has crossed my mind more than once! Well, the answer is yes.

The colour of your skin can change when en

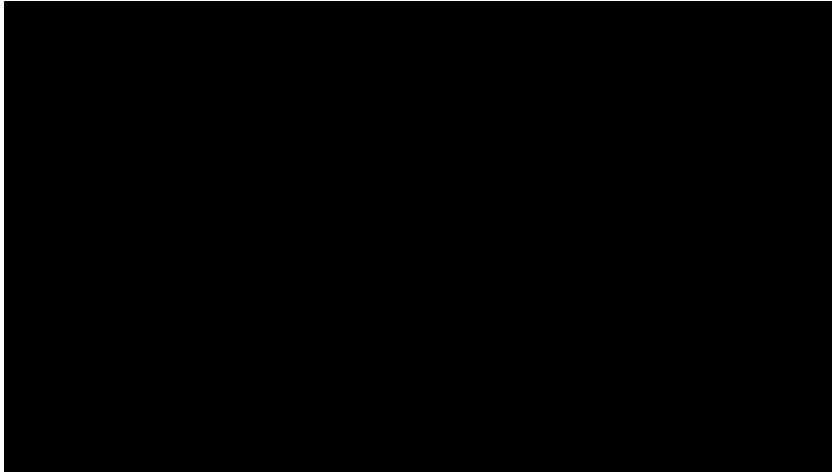
- Wear loose clothing, preferably made with breathable materials like cotton fabrics, while you are getting your spray tan and the day after.
- Don't go in the sun within 48 hours of getting sprayed for extra protection against fading! If you get too much sun on top of being tanned, chances are it'll fade quicker than you want it to.
- Don't drink alcohol for 24 hours before or after a spray tan to avoid staining the skin's natural colour.

What should I do the day before my spray tan?

The night before, exfoliate the skin with a loofah or body scrub to remove dead cells from the top layer of skin; it is also best not to use any lotion because it will create an uneven surface.

What are Some Other After Care Tips I Should Know?

You're finally looking your best after a long day of tanning, but you don't want to be the one with that weird hot pink hue on your skin for days. What are some other aftercare tips I should know about spray tan?



Make sure you use sunscreen and avoid getting wet while you wait for the spray tan to set in. You also need to wear loose clothing over top of it and make sure not to scrub or exfoliate too much so as not to rub off any colour.

The key to maximum longevity and enjoyment of your spray tan is to avoid any lotion, soap or alcohol on the skin after the application so that it will keep its colour longer.

How do I stop my spray tan from going patchy?

Spray tans can naturally go patchy and start to fade because of the body's natural oils. Use lukewarm water and moisturizer such as Dove® sensitive skincare product line before bedtime after your spray tan has fully developed.

How long should I wait for different tan shades?

Spray tans are designed to last up to three days, but if you want your hair colour to stay true for longer, it is important not to wash your hair or get any water on the spray tan.

Face:

In order for a face mask to remain effective long-term, make sure you avoid washing off masks with hot water and instead use cold.

Gums or Teeth:

If you have gum disease or sensitive teeth, take care when brushing around these areas after getting a spray tan because they will be more prone to sensitivity in this area and bleed from the overuse of toothpaste containing peroxide, which can cause discolouration of skin tone. This includes whitening toothpaste.

Nails:

The oils from your skin will mix with the dye in nail polish and may cause stains on your nails, so we recommend wearing gloves to avoid this if you have a spray tan!

How do you stop a spray tan from transferring onto your clothes?

There are a few ways to prevent your spray tan from transferring onto your clothes. For example, you can rub your hands with baby powder before touching any surface as it will absorb the excess oil and then wipe them off on a towel.

Another way is to wear gloves when applying lotion or moisturizer so that you don't transfer any of the oils on your hands onto clothing.

The easiest way to keep colour off of clothes is by wearing garments made of materials that won't stain easily, such as cotton, silk or polyester.

What To Wash With Before Your Spray Tan

You've just gotten a spray tan and are wondering what to wash with before your next shower. What should you use? What about during or after? There's no need to feel stressed out; here are our tips for washing before, during, and after your first shower following a spray tan application:

Before Your First Shower – Wash with soap on the areas of skin that will be covered by clothes post-tanning to avoid transfer onto clothing while in contact with the skin.

During Your First Shower – Rinse off any residue from the solution used for your tan, as well as dirt and dead skin cells that may have accumulated on your skin over time.

After Your First Shower – Immediately after your shower, apply a moisturizer to encourage skin hydration.

Conclusion

The bottom line is that a spray tan will develop after showering if it was applied correctly. If you have any questions about how your body reacts when it comes to contact with sunless tanners or what kind of preparation you need to do beforehand, feel free to ask us for help! We're here to provide all the information on getting ready for an event where skin colour might make a difference.

FAQ

How Long After A Spray Tan Can You Shower?

You can shower after 12 hours, but it is best to wait until the next morning.

Should I Leave My Spray Tan On Overnight?

You should not leave your spray tan on overnight.

Will My Spray Tan Get Darker Overnight?

It shouldn't get darker, but it may lighten a bit.

Does Spray Tan Rub Off If You Sweat?

If you are wearing clothes that will rub off your tan, then it is possible for the colour to come off.

How Do You Sleep After A Spray Tan?

Spray tans will last up to two weeks on average, but it is best not to lay in bed as this can transfer colour onto your pillow and sheets.

How long does a spray tan take to develop?

If you're looking to get a gorgeous, sun-kissed look without having to spend hours in the sun, you're in luck! A spray tan can give you the beautiful bronze glow you desire in just a matter of minutes. But how long does a spray tan take to develop?

The answer may surprise you! Most spray tans only take about 10-15 minutes to develop, which means you can be in and out of the salon in no time at all. Plus, with a spray tan, there's no need to worry about harmful UV rays or skin damage. So if you're looking for a quick and easy way to get a beautiful tan, a spray tan is the way to go!

1. Before you start, make sure you exfoliate your skin and remove any unwanted hair.
2. Apply the spray tan evenly to your skin, using circular motions.
3. Allow the spray tan to dry for a few minutes before getting dressed.
4. Wait at least 8 hours before showering or swimming, to give the tan time to develop.

Will spray tan continue to develop after shower

Spray tans will continue to develop after showering, although the process will be slower than if left to air dry. It is important to avoid any contact with water during the first few hours after the spray tan is applied, as this can cause the tan to streak or fade.

Do Spray tans get darker as they develop?

When you first get a spray tan, the color may be light or dark depending on the tanning solution used. The initial color of the spray tan will gradually darken over the next few hours as the DHA in the solution reacts with the amino acids in your skin.

Does spray tan take while developing?

While the initial spray tan may only take a few minutes, the full process of getting a spray tan can take up to an hour. This includes the time it takes to prep your skin, apply the spray tan, and let the solution develop.

What not to do after getting a spray tan?

1. Don't shower or swim for at least 8 hours after your spray tan. This will give the DHA time to set and develop on your skin.
2. Avoid tight clothing or anything that will rub off your spray tan. This includes clothing made from materials like wool or polyester.
3. Don't apply any lotions, oils, or makeup to your skin for at least 8 hours after your spray tan. This can interfere with the development of your tan.
4. Avoid sweating or strenuous activity for at least 8 hours after your spray tan. This can cause your tan to fade or streak.

How do you sleep after a spray tan?

It is recommended that you sleep on your back after a spray tan to avoid any contact with fabric that might cause the color to rub off. You should also avoid showering or sweating for at least 8 hours after the tan to give the color time to set.

Why is my spray tan not showing up?

It is common for your spray tan not to show up immediately after application. It can take up to 24 hours for the full effect of the spray tan to be visible. There are a few reasons why your spray tan may not be showing up. The first reason is that your skin may be too dry. When your skin is dry, it doesn't absorb the spray tan as well. You can solve this problem by exfoliating your skin before you go in for your spray tan. The second reason is that you may not have waited long enough for the spray tan to develop. It is important to wait at least 8 hours before showering or sweating, otherwise the spray tan will come off. Finally, the type of spray tan you use can also affect how well it shows up. If you are using a self-tanning spray, it may not show up as well as a professional spray tan.

How long after a spray tan can I sit down?

After you have applied your sunless tan, you need to wait a few minutes before sitting or lying down. This is to allow the product to dry and to prevent it from smudging. Once it is dry, you can safely sit or lie down without ruining your tan. However, keep in mind that you may need to re-apply your sunless tan every few days to maintain a consistent color.

Can I shave 2 hours before spray tan?

There is no need to shave before getting a spray tan, as the tan will adhere to the skin just as well regardless of hair length. In fact, shaving may even be counterproductive, as it can leave the skin feeling irritated and dry, which may cause the spray tan to fade more quickly.

Should I sleep with my spray tan?

1. Spray tans take time to develop. When you sleep with your spray tan, you are not giving the tan time to develop properly. This can cause your spray tan to be patchy or uneven.
2. Your sheets will get ruined. Spray tan can transfer onto your sheets and cause them to become stained.
3. It can cause breakouts. If you sleep with your spray tan, you are more likely to develop breakouts or other skin irritations.
4. It's not comfortable. Sleeping with a spray tan can be uncomfortable and itchy.

Overall, it is not recommended to sleep with your spray tan. If you want to prolong the life of your spray tan, it is best to avoid sleeping with it.

Will my spray tan fade after my first shower?

If you shower within the first eight hours after getting your spray tan, it is likely that some of the color will fade. However, if you wait the full eight hours before showering, your tan should last for five to seven days.

Is it normal for a spray tan to look blotchy?

There are a few reasons why a spray tan might look blotchy. It could be that the person doing the spraying didn't apply the tan evenly. It could also be that the person's skin is exfoliating, which can cause the tan to look patchy. Finally, it's possible that the person is using a self-tanning product that isn't compatible with their skin type.

Do tans develop overnight?

No, tans do not develop overnight. It takes time for the skin to absorb the UV rays and darken. The process of tanning is actually the skin's way of protecting itself from further damage from the sun.

Why does my tan wash off straight away?

When you get a tan, the melanin in your skin darkens in order to protect you from the sun's harmful UV rays. However, melanin is a pigment, which means it can be easily removed with soap and water. That's why your tan washes off straight away.

Last Word

A spray tan can take anywhere from 2-4 hours to develop. Depending on the type of product used, the level of darkness desired, and how often you shower, a spray tan can last anywhere from 3-7 days.

What Is Spray Tan Development | Spray Tan Tips | Z Bods

Are you dealing with dry or aging skin? Check out [Learn more about spray tanning development and how it will help maximize your tanning results.](#) our new anti-aging spray tan solution that will improve your skin while looking tan!



If you're new to spray tanning, you're probably coming across the concept of spray tan development. But what does spray tan development actually mean? It's actually quite simple.

Spray tan development is a set amount of hours for a spray tan to develop on your body before showering. For example, if a solution recommends 8-12 hours then it is best to shower anytime after 8 hours of the time you received your spray tan.

Think of it as a piece of art. You painted a beautiful portrait and it needs time to dry in order for the colors and paint to set. Now in regards to spray tanning, you get sprayed and while the tan is "developing" into a beautiful bronze color, the actual spray needs time to set on your skin.

What Not To Do While Your Spray Tan Is Developing

Even though preparation for a spray tan is extremely important, what not to do during the spray tan development phase can ultimately make or break your spray tan. Here's a list of reminders on what not to do:

1. Don't let your seatbelt rub across your chest
2. Don't cross your legs
3. Prevent sweating
4. Limit activity that may cause your body to rub against an object or sweat such as working out
5. Washing your hands too long (be mindful)
6. Sitting down for too long and having your stomach create lines
7. Washing off too early

This might sound like a lot especially if you're a first time tanner, but these are the right precautionary steps to take. As long as you're aware and mindful that the spray tan development phase is important, your tan will more than likely turn out just fine.



Finished product of letting your spray tan develop

First Shower After Spray Tan Tips

We recommend your first shower to be less than two minutes and being lukewarm temperature. We also suggest to not apply any soap or form of scrubbing. You can expect a lot of solution to come off during the shower and this is normal. The DHA has done it's job and your body should now have a natural bronze glow.

Extra Tip: PAT YOUR BODY DRY! Scrubbing your body with a towel after your shower is a common mistake most tanners make. We highh ouct of letpze g ydimege

Have any questions about our spray tanning services, solution, or availability? You may either call, email, or book an appointment online.

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How to Sleep in a Spray Tan Without Staining Your Sheets - Smart Sleeping Tips

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There's one thing that makes some people hesitant to try spray tanning. After finally getting that flawless bronzed skin you always wanted, the next challenge is to prevent staining your sheets. Luckily for you, we can help you enjoy your spray tan to the fullest by teaching you the proper handling of fabrics while the tanner is still fresh on your skin.

How do you sleep in a spray tan without staining your sheets? Cover your skin with loose clothing, and put something else on top of your bed such as towel. You can also invest in a bed sheet protector specially designed to sleep in with a tan.

However, what exactly can you use to cover your body AND your bed? Don't worry; we're about to explain the specifics.

How Do You Keep the Fake Tan from Getting on Bed Sheets?

Fortunately, you don't need special clothes for this. Loose shirts with long sleeves, sweatpants, and pajamas will do. For double protection, wear loose socks for your tanned ankles and place a large towel on your bed, especially on your pillow.

Your bronzed hands and wrists might also stain the sheets as you move, so cover them with gloves or socks (make sure they're clean!).

Also, all fabrics that will touch your skin should have a dark color so you may still use them after a thorough wash. Black clothes, socks, and towels are perfect for that.

Not entirely convinced? You have to spend money then. A particular Australian brand sells special sheets that are invulnerable against stains from spray tanning. The silk microfiber inserts look like huge expensive sacks to fully cover your body. [Learn more about the product here.](#)

However, if you have old sheets, that will solve the whole dilemma. Don't hesitate to use worn-out sheets temporarily.

Can I Leave My Spray Tan on Overnight?

Yes, you can sleep in a spray tan, but did you ever think about the possible consequences of leaving it on your skin overnight? Maybe it should only stay on your skin for a few hours – or not.

It's a good thing you've reached this section because there's a reason for you to worry about overnight application after all. Turns out, spray tanning products have different formulations, which means the waiting time before your first shower can either be short or long enough for the entire night.

For the sake of reference, though, the standard duration for spray tan to initially develop is eight hours. That's a reasonable duration if your tanning schedule is nighttime. Some services offer spray tanning sessions at night.

However, be careful with other products. Eight hours might be too long for your skin tone and the formula used. The consequences include ugly skin color, fading areas, and a darker tint than what you expect. Make sure always to read the label.

Once your skin is used to spray tanning, you may start applying the tanner for the whole night regardless of the product. One condition: you have to exfoliate your skin regularly and maintain your tanning sessions as long as you can.

If you already have a darker skin tone and want to have a more even color through a spray tan, you're extra lucky! It turns out that the tanner won't affect your skin color too much even if you leave it on overnight.

Does Sweating Ruin a Spray Tan?

If you don't want your skin to be out in the sun but still want that irresistible bronzed look during summer, spray tanning is your best friend. But, you should be ready for the effects of sweat on the tanner. We hate to break it to you, but sweating is the number one enemy of a freshly tanned skin.

What happens if you get sweaty while your tanner is still fresh? Your skin tone color will look uneven because of the patches and streaks.

Summer nights can be so hot, so always be prepared when you sleep in a spray tan. Cover your tanned skin with baby powder (view on Amazon), especially on your armpits, the back part of your knees, and other sweaty areas on your body. The powder can absorb sweat, so remember to take advantage of that.

If you never want to ever deal with this, you have no choice but to rely on an air conditioner.

What to Wear After a Spray Tan?

Don't wait until bedtime to pay more attention to your newly tanned skin. Right after the tanning session, make sure to wear the right clothes. Also, apply baby powder under the elastic waistband of your pants to prevent the effects of constant rubbing.

Aside from loose dark-colored pants and long-sleeved shirts, you may wear the following after a spray tan:

- Cotton fabric for easier cleaning in case of stains
- Strapless bra with high-quality hooks to reduce rubbing
- V-neck top
- Hoodie and loose boots for winter
- Soft maxi dress
- Tunic dress
- Onesie
- Scarf
- Flip flops
- Loose slipper shoes

On the other hand, NEVER wear these after a spray tan:

- Wristwatches
- Bracelets
- Necklaces
- Bras with straps
- Sports bras
- Tight shorts
- Leggings
- Jeans
- Tight socks
- Tight boots
- High heels
- Strappy footwear

When Can I Shower After Spray Tanning?

We mentioned earlier that the initial waiting duration for your tanner to develop is usually eight hours. So, does that mean you may take a shower immediately?

Yes! That's the point of the eight-hour wait. However, you should still monitor your skin from 12 to 72 hours based on the type of blend your tanner has.

If the color is just too light, increase the waiting time to 12 hours the next time you use the formula. If the color still has a lackluster effect, add one or two hours in your future attempts until you get the color right.

What if the color is too dark or bright (orange tone)? You may shorten the wait to four or six hours before you first shower next time.

How Do You Keep a Spray Tan On?

There are more ways to make your fake tan last longer. It's not always about wearing the right clothes and showering at the right time.

One thing that can make or break the results is the moisturizer. Don't apply moisturizer on your skin right before the tanning process. However, after the procedure, you're required to do otherwise.

Make sure to use a moisturizer every single day starting from your first shower. Directly apply the lotion containing jojoba oil or coconut oil while you're still damp. The moisturizer can prevent premature fading.

You may even use a body wash containing moisturizer. Spray tanning can make your skin extremely dry so always moisturize it.

For a longer-lasting tan, use a tan enhancer (view on Amazon) as well. Choose a product with DHA plus moisturizing ingredients.

What about the necessary preparations before your scheduled session? Don't forget to shave unwanted hairs and exfoliate with a body scrub 24 hours before the appointment. Exfoliation will close your pores and remove your dead skin cells, perfect for a flawless spray tan.

How Does Spray Tanning Work?

If you never tried spray tanning before, you deserve to know what goes on during the process. You now have an idea about the before and after stages, so go ahead and check out the procedure itself.

There are two ways to have a spray span. You may choose to either visit a professional tanning service or do everything at home.

For the professional way, there are two options available. There are services using machines that look like booths. Simply step inside and stand correctly according to the instructions given. In just a few minutes, you'll be covered in spray tan because of the DHA mist.

The other option is the airbrush tanning. The attendant will use a high-pressure spray to cover your body with tanning solution evenly. Another great thing about this process is you can focus on specific areas of your body. Some people like to emphasize their abs, muscles, and cleavage with an airbrush spray tan.

Regarding the at-home process, it will be downright messy. You should do it in your shower room or bathtub. You may even do it in your backyard. To reduce the mess, cover the floor with dark-colored or worn-out towels. Use a good quality tanner such as the Self Tanner by Golden Star Beauty (view on Amazon). It's easy to apply and effective.

You should also consider asking for help. It's best to do the process with a person who can spray the solution on your back and other areas you can't reach.

Whether you're going for the professional or DIY method, always protect your eyes, nose, and lips. Inhaling or swallowing the fumes is dangerous to your health.

Is a Spray Tan Worth It?

Admit it – it can be a hassle to maintain a spray tan. From dirty sheets to the tedious waiting game before you can start showering again, is it really worth the stress?

If you're particular about having gorgeous skin, by all means, go for it! Spray tanning is packed with benefits as long as the ingredients are safe for your skin.

Since you don't need ultraviolet (UV) rays with a spray tan, you're less likely to suffer from skin cancer. If the FDA approves your tanner, there's no need to worry.

Additionally, a spray tan can provide you flawless coverage. With the right procedure, your bronzed skin will look so natural.

The only drawback is the expensive maintenance. Spray tan won't last long on your skin. It can only last for a week at most. So, if you want a "sun-kissed" color all the time, you'll be forced to spend many bottles of tanners or look for a cheaper yet safe alternative.

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How Long Does A Spray Tan Take To Develop (Explained) - Tanner Skin

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I was in talks with a friend a few days ago and I realize she has always been interested in spray tans but never ventured to try one because she wasn't sure how long it would take for the spray tan to develop. This is the same with a lot of people curious about how long it takes for a spray tan to develop.

What most people don't realize is that a little research could have revealed that the process is actually pretty quick and doesn't require much time at all. In this blog post, I'll be discussing the development time for a spray tan and how to make sure it turns out to look its best. So if you're interested in getting a spray tan but are unsure about the development time, keep reading!

First of all;

- Does spray tan show up right away?
- How long does a spray tan take to develop fully?
- Can you speed up fake tan development?
 - 6 ways to Speed Up Fake Tan Development
- Do tans develop overnight?
- Will spray tan get darker overnight?
- Why is my fake tan not developing?
- Will fake tan develop in 2 hours?

Does spray tan show up right away?



No, a spray tan will not show up right away. It usually takes about 2-4 hours for the tan to begin developing. Of course, you'll notice a color change on your skin while getting sprayed with the airbrush and this is because when you get a spray tan, the DHA in the tanning solution reacts with the amino acids in your skin to create a browning effect. This process takes about 2-4 hours to complete, so you won't see the full results of your spray tan right away. However, you will usually see a slight change in color within minutes of getting sprayed. This is because the DHA starts to work as soon as it comes into contact with your skin. The reaction produces melanin, which is what gives your skin its color. As the DHA continues to react with your skin, the tan will continue to deepen. For most people, it takes 12-24 hours for the full effect of the spray tan to show up.

It's important to wait until the spray tan is fully dry before getting dressed or going outside, as this will help to ensure an even application and also contribute greatly to how long your spray tan lasts.

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6. Avoid getting wet: It's also important to avoid water and sweat for at least 8 hours while your spray tan is developing. Failure to do this can cause the tan to develop unevenly or even wash it away completely. So make sure to stay out of the pool, ocean, or sauna, and avoid strenuous exercise while your spray tan is developing.

By following these simple tips, you can achieve beautiful, bronze skin in no time at all.

Do tans develop overnight?

When you spend a day in the sun, it takes a few hours for your skin to darken. This is because your body needs time to produce melanin, the pigment that gives skin its color. Melanin is produced in cells called melanocytes, which are located in the upper layer of the skin. In response to the effect of sunlight UV Rays, these cells begin to produce more melanin, which is then distributed throughout the skin. It can take several hours for this process to occur, which is why you won't see a change in your skin color immediately after spending time in the sun. However, once melanin production has begun, it will continue even after you've left the sun. This is why your skin may continue to darken for several hours after exposure. So, while tans may not develop overnight, they can certainly deepen overnight!

Will spray tan get darker overnight?

It is possible that your spray tan will get darker overnight, but it is more likely that it will just continue to develop and deepen during this time. This is because the DHA in the tanning solution continues to react with your skin as you sleep, and this will normally cause the tan to darken. However, it is important to remember that everyone's skin is different, and so the results of a spray tan can vary from person to person.



You should also keep in mind that if you shower or swim before your spray tan has fully developed, this can cause the tan to fade or even wash away completely. So it is important to be patient and wait until your spray tan has developed fully before getting wet.

Why is my fake tan not developing?

When applied correctly, a fake tan can give your skin a healthy, sun-kissed glow. When you fake tan, you are actually dyeing the top layer of skin cells. This is why it's important to exfoliate before you use any fake tanning product – to get rid of the dead skin cells that might become a barrier to the process and make your tan look patchy. If you don't exfoliate, you're just dyeing the dead skin cells, which is why your tan might not be developing evenly.

The other reason your tan might not be developing evenly is because you're not applying enough product. When you're fake tanning, you should be generous with the amount of product you use. Apply it in circular motions and make sure you cover all areas evenly. If you still can't get your fake tan to develop evenly, try using a self-tanning mitt – this will help to spread the product more evenly over your skin.

Finally, give the tan time to develop before showering or swimming. Usually, it takes at least 6 hours for the color to set fully. By following these simple tips, you can ensure that your fake tan turns out flawlessly every time.

Will fake tan develop in 2 hours?

It depends on the product you're using. Some self-tanning products can develop in as little as 2 hours, while others may take up to 24 hours to develop fully. Always check the label of the product you're using to see how long you should wait before showering or swimming.

To add to that, the time it takes for a fake tan to develop can also depend on your skin type. It might take longer for the tan to develop if you have dry skin, whereas if you have oily skin, the tan might develop quicker.

Finally, keep in mind that even though some tans can develop in as little as 2 hours, they will usually continue to deepen and darken over the next 24-48 hours. So if you want your tan to be really dark, it's best to wait a day or two before showering or swimming.

How Long Will It Take A Spray Tan To Develop? - Women's Beauty, Skin & Haircare Advice

We all love to have a gorgeous tan with smooth and glowing skin. And we are faced with two clear tanning options. Do we go for sunbathing? Or can we opt for artificial tanning? The latter is always a better choice because it is safer. Sunbathing comes with health risks. The UV rays of the sun have been linked to skin cancer.

One safe way to tan your skin is going for a spray tan. You will enter a machine-operated tanning booth where your body will be coated with a specially prepared tanning solution. Within 10 to 15 minutes, your tanning session will be over.

We love it because it gives an instant tan. People walk out of a tanning booth with a beautiful tan. Due to the fact that it gives an instant tan, a lot of people prefer it to other tanning methods. However, people have been asking several questions about a spray tan.

In this article, we will answer the question. In addition to it, we will also answer other frequently asked questions about a spray tan. So, let's dive into the heart of the issue right away.

How Long Will It Take A Spray Tan To Develop?

The time it takes to develop depends on the tanner that was used. Normally it takes about 8 to 12 hours for a spray tan to develop fully. The spraying machine only sprays the tanning solution injected into it. Some solutions are thicker than others, and they take a longer time to develop.

Others are relatively lighter, and they take less time to develop. So, you need to wait for at least 8 hours before you do the following:

- Wear tight clothes
- Work out
- Engage in rigorous activities
- Shower with soap or gel

Here is why. If you wear tight clothes before your spray tan develops fully, it is likely to clean off the tan. You'll have stained clothes to wash, and your tan will fade faster. Secondly, if you work out or do any rigorous activities, you're likely to sweat. Your sweat could wash off the tan if it has not developed fully.

Bathing with soap or shower gel will wash some of the tan off too. That's why you have to wait until your spray tan develops fully. Once again, it takes a spray tan about 8 – 12 hours to develop fully.

Does A Spray Tan Develop Over Time?

Yes. Even if you come out of a spray tan booth with a great tan, it will still take several hours for the tan to dry and develop completely. As it develops, your tan will become harder to remove. It will no longer run off. Even if you take a shower after your tan develops, the water won't be able to wash the tanner off.

However, there's something you must bear in mind. After about 5 – 7 days, your tan will begin to fade out gradually. You can only extend it by a couple of days. It will still fade out.

How Long Can You Go Between Spray Tans?

There's no straight answer to this. It's totally a matter of choice. If your tan fades gracefully and you love it, you can wait until it fades out completely before you go for another spray tan session. At the same time, you can take a spray tan as soon you notice that your tan has begun to fade.

Nevertheless, we will recommend that you go for a spray tan every 9 – 12 days. That way, you'll be able to maintain your beautiful smooth and tanned skin.

Does Fake Tan Continue To Develop After A Shower?

Yes, a fake tan still develops after you take a shower if it has not fully developed as long as you don't use soap or shower gel. However, we don't think it is a good idea to take a shower when your tan has not fully developed. We believe that water sometimes washes off some of the tanner, and this will affect the result of the tanner.

How Do I Prepare For A Spray Tan?

When you're preparing to go for a spray tan, you need to shave your skin at least 24 hours before the D-day. Hair hinders the proper penetration of fake tans. After shaving your body, you should also exfoliate your body. Dead skin cells prevent a fake tan from reacting with your body as it should. You can exfoliate your skin at least 4 hours before your spray tan.

Rinse your body after exfoliation. Remember, exfoliation opens the pores of the skin, and you could end up with clogged pores. This is why you should take a cold shower to close the pores. Finally, you need to apply a moisturizer to your body before taking a spray tan and after it. The best way to extend the lifespan of your tan is by moisturizing your body every day.

Don't apply any body creams or lotions that have chemicals to your skin before and after taking a spray tan. They can react with the tan and dissolve some of it, and your tan may fade away prematurely.

How Soon Will I Get Results After A Spray Tan?

The result is instant. You will walk into a spray tan booth without a tan and walk out with a perfect tan. This is the main reason many people prefer this method. It saves you the trouble of applying the tan yourself. However, it takes 8 – 12 hours for the tan to develop fully. Before then, you should not take a shower with soap, work out, or wear tight clothes.



Final Thoughts

Here are the key takeaways from this article. Even though a spray tan gives an instant tan, it takes about 8 – 12 hours for the tan to develop fully. Also, we recommend that you go for a spray tan every 9 – 12 days to maintain your gorgeous tan. Finally, to prepare for a tan, shave, exfoliate, and moisturize your skin.