

Acne Scar Treatment in Hyderabad

It is always wise to reach out to a professional skin clinic for the removal of acne scars. Therefore, the first name that should pop in your head is Labelle Skin Clinic at Hyderabad. Our professional dermatologists cater to the best acne scar treatment in Hyderabad. Read on to know more about our acne scar removal treatments.

What are Acne Scars?

When there is a scar on the skin, the surrounding skin is distinguished by its texture or color difference from the scar. Although some scars are caused by external incidents such as burns or injuries, acne is the most common reason behind marks on the face. They leave behind prolonged and complicated types of scarring in the form of pits that affect the appearance of your skin in a significant way.

Acute acne can cause an infection to set into deeper layers of the skin, which can lead to inflammation. In the aftermath of the pimple disappearing, the skin's natural healing process is impeded, resulting in depressed scars and pits. Your skin can be affected to varying degrees by these conditions, and dealing with them in the most effective manner is crucial to improving your skin's appearance.

What are the Different Types of Acne Scars?

Acne scars can take many forms, including the following:

- Ice-pick scars
- Rolling scars
- Box scars, and
- Keloidal scars

When the skin heals from an injury, atrophic scars result from a lack of collagen production. A depressed scar is different from an ice-pick scar, a boxcar scar, or a rolling scar. Scars can also be hypertrophic, which is caused by excess collagen production in the skin creating a raised, keloidal scar.

Are Acne Scars Permanent?

Scarring can be caused by either an underproduction or an overproduction of collagen. This type of scar is a permanent condition that cannot be treated with creams and lotions. Dermatological acne scar treatment in Hyderabad in order to remove them is required.

What Acne Scar Treatment Options are Available at Labelle's Hyderabad Clinics?

Among the acne scar removal in Hyderabad we provide are

- Subcision
- Pixel Laser Resurfacing
- Chemical Peels
- Scar Excision
- Dermal Fillers
- Intraleisional Injections.

A dermatologist will evaluate your skin to determine which type of treatment is needed depending on the scar's type and effect on your skin. We tailor our laser acne scar treatment in Hyderabad to meet your individual needs.

What to expect during this treatment?

In addition to treating scars, dark marks, and discolorations, Labelle ensures that you have a brighter and more youthful complexion that lasts throughout your life.

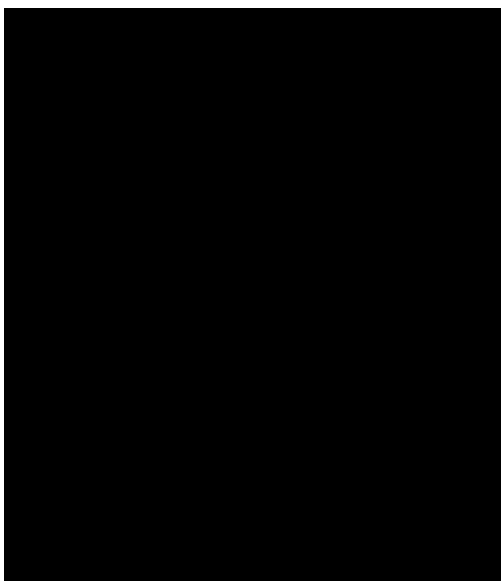
- The dermatologist will analyze your acne scars in detail during the initial consultation. The cause of your acne will also be determined during the initial consultation. The skin doctor will recommend the combination of treatments that can completely eliminate your acne scars according to the severity and type of scarring.
- A certified therapist will prepare your skin for the treatment during your treatment. The skin may be thoroughly cleansed with a degreasing solution, or a topical anesthetic cream can be applied to minimize discomfort, or the skin may be thoroughly cleansed with a degreasing solution. The dermatologist will conduct the treatment as soon as your skin is ready. According to the type of treatment, it can take 30 minutes to an hour.
- A dermatologist will provide you with specific advice regarding how to follow up after your treatment. Post-treatment, you must use sunscreen and you will also receive detailed skin care instructions.
- Using a combination of different treatments, acne scars require 6-8 follow-up sessions to be completely removed. Follow-up sessions are scheduled a month apart.

Best Laser Acne Scar Removal Treatment in Hyderabad with Labelle

The doctors on our team in Hyderabad are skilled and qualified and provide comprehensive care for each and every patient. Due to the nature of acne scarring, Labelle is responsible for ensuring that every precaution is taken in order to ensure the best results without any unnecessary side effects.

Over one lakh people have been treated at our clinics, and our satisfaction rating is over 91%. What are you waiting for? Reach out to the Labelle Clinic for acne scar removal in Hyderabad today!

Acne Scar Treatment Cost in Hyderabad |Acne Scar Reduction in Hyderabad



Skin is one of the largest organs and the most exposed organ that contains million of open pores that help to regulate body temperature, maintain skin pH balance, and hydration level. When skin pores are clogged due to sebum, dust, dirt, pollutants, and dead skin cells, it results in acne (commonly known as pimples) and flesh-colored bumps formation. Acne also occurs due to the hormonal imbalance or overactive production of oil (sebum) through the sebaceous glands that are present deeper inside the skin.

When acne starts to heal, they often leave behind acne scars. Although acne scars are not related to any major health problem, it may lower the self-confidence of the person through physical imperfections. The appearance of the acne scars increases over time and looks like an indented skin structure. Acne scars cause rough and uneven skin texture, and skin damage that cannot be healed naturally. Thus, a consistent dermatological method by skin experts can be of great help in reducing scars. Various techniques help to improve the appearance and texture of the skin.

Factors that cause scars are as follows

- Inflammation such as the presence of reddish, swollen, and painful acne may result in scar formation.
- Inflammatory acne is left untreated.
- Picks, popping, or squeezing acne may cause scars.
- Scars may form due to heredity reasons.
- Medical history of chickenpox or other infectious diseases.

Types of Acne Scars

There are various types of acne scars that are categorized according to their shape, size, and severity. Treatments are also varying according to the type of scar and pattern of the scar.

1. Atrophic scars:

These scars form due to loss of tissue, and the body is unable to regenerate them (due to lack of collagen production), this results in atrophic scar formation. There are three main types of atrophic scars:

- Ice pick scars: Ice pick scars are formed due to the infection that occurred by a cyst or other inflammation on the surface. These scars leave a thin, small, narrow, and deep hole into the skin.
- Boxcar scars: These scars are wider and look like sharp defined edges. These scars occurred due to acne, varicella or chickenpox. These scars look like an itchy rash with blisters. These scars usually cover the thicker area of the skin such as lower jaw and cheeks.
- Rolling scars: These scars are deep and have sloping edges on the skin. They appear wavy and uneven on the skin.

2. Hypertrophic scar

Healing of wounds or injury causes scar tissue formation which is prominent and red in appearance. So, hypertrophic scars are raised and thickened scars due to excess production of collagen in the skin. These scars may become pale and flat after several months. Main factor for hypertrophic scar formation is an inflammation or injury such as burns, acne and insect bites.

3. Keloid scars:

The spontaneous scar formation causes hypertrophic scars to look like a smooth, firm and hard growth on the skin, and this results in the formation of keloid scar. These scars are itchy or uncomfortable and increase beyond the actual injury. They can develop anywhere in the body, especially shoulders and upper chest. Dark skinned people are more likely to form keloid scars than Caucasians. Although hypertrophic or keloid scars are harmless for general health.



Treatment Options

Chemical Peel

Chemical peels are helpful for treating a variety of skin issues such as acne, acne scars, pigmentation, age spots, melasma, hyperpigmentation, wrinkles and fine lines. During the treatment of acne scars through chemical peels containing glycolic or salicylic acid is mainly used and are applied over the target skin area. This solution exfoliates the skin and removes the topmost layer for the skin. The chemical peel also removes the pigmented cells, therefore it is equally beneficial for skin tone and texture.

Dermabrasion

It is a skin resurfacing method that is useful to treat facial scarring. This improves the appearance of acne scars, chicken pox scars, and also removes the scars that are formed due to an injury or disease. This works by using a power-driven hand tool that consists of an abrasive end part. This device rotates around the surface of the scar and removes the topmost layer of the skin, boosts collagen production, and promotes new skin cell formation.

Microdermabrasion

It is a skin resurfacing technique which is less risky and gives a quick recovery than other techniques. It is the same as dermabrasion, however, it works by using small crystals to remove the topmost skin layers. This technique triggers the improvement of more superficial scars and fine lines. This is a painless technique and no anaesthesia is required during this procedure. This treatment works best for treating boxcar scar. This technique needs multiple sessions to achieve the best results.

Dermal fillers

They are composed of a natural substance like hyaluronic acid or calcium hydroxylapatite. This solution when injected into the affected skin area it improves the appearance of scars and provides quick and natural outcomes. The fillers boost collagen production and help to fill the deep acne scar area to provide a smooth skin texture. This is effective for treating scars as a quick and short-term method.

Laser Resurfacing

Laser technique is safe and effective method that helps to reduce the appearance of acne blemishes & acne scars. It works by exfoliating the skin's topmost damaged layer and also stimulates the production of collagen by delivering heat in the deeper layer of the skin. Lasers also improves the skin elasticity and provides a youthful appearance. Lasers breaks down the pigmentation by breaking the excess melanin cells that cause acne scar formation, and also promote the growth of new skin cells.

Laser therapy is of two types

Ablative and non-ablative. Ablative lasers mainly target the surface layer of the skin (exfoliation and new skin cell production) as well as the deeper layers of the skin (remove pigmentation and boost collagen production). Non-ablative lasers target only the deeper layers of the skin (remove pigmentation and boost collagen production). Laser therapy work best to improve the appearance of acne scars, wrinkles and facial pigmentation. It provides improved skin tone, texture as well as a fresh and healthier looking skin.

Microneedling

This technique uses a tool that contains 100 to 1000 tiny needles on its surface. When these tiny needles are rolled on to the skin surface it causes controlled injury that stimulates the healing process and more collagen formation.

After Treatment Care

- Apply ice pack to minimize pain or discomfort
- Avoid direct sun exposure and apply sunscreen religiously
- Apply only mild moisturizers and lotions (prescribed by the doctor)
- Do not rub and scratch treated area.
- Avoid the application of makeup and cosmetics for a few days after the treatment

Here, treatments are also customized according to an individual's needs and to achieve the optimum results.

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Acne Scar Treatment in Hyderabad



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It is quite common for us to experience acne at some point in our lives. They break out sometimes but normally leave a scar behind, which lasts for a lifetime. Acne scars are so stubborn, and not everyone can have the same treatment. If you don't treat them on time, they result in scars eventually. Layers Clinic is the best clinic for acne scar treatment in Hyderabad now. There are several treatment options for treating acne scars such as chemical peels, laser treatment, skin surgery, fillers, etc. Depending on your skin type and the severity, a proper treatment option is suggested by a dermatologist.

If you delay, acne scars may become clearly visible since the skin loses more collagen. You may look unattractive, and you don't feel like going out in public to avoid any embarrassing situation. So, the best way to fight back acne is to get the best treatment based on your scar type. For example, if you have deep scars, filler treatment is better to add volume.

Different Forms of Acne

Mild acne: This type of acne causes whiteheads or blackheads. It is the typical acne form that most of us get at some point. Moderate acne: This type of acne causes red, inflamed pimples that are also known as papules. Red pimples with white centers are known as pustules. Severe acne: This form of acne causes severe pain. You can see pus-filled cysts or lumps that are called nodules under the skin.

Most serious scarring is usually caused by severe forms of acne, with nodules that probably leave permanent scars. So, treat your acne immediately to prevent any further scarring that is awkward to look at.

Actually, if you do not know what acne is, know about it.

What is Acne?

Acne is a skin condition that happens when your hair follicles become ploughed with oil and dead skin cells. It's a fairly prevalent issue that primarily affects teens and young adults. It is a long-lasting skin disorder in which the hair follicle pores become infected with bacteria and clogged with dead skin cells and oil discharges. Teenagers and adults tend to be the main targets. Blemishes, whiteheads, blackheads, and cystic acne are some types of conditions.



Different Acne Scar Treatments

Some of the different acne scar treatments include:

- Soft tissue fillers
- Dermabrasion
- Skin needling

scar removal treatment cost in Hyderabad is less and within your budgetary constraints.

The laser acne scar removal cost in Hyderabad can be slightly more compared to other acne scar removal treatments such as MNR treatment for acne scars. So, based on the treatment that should be provided, our best dermatologist in Hyderabad for acne will figure out the estimated cost.

Factors that Cause Acne

There are many factors that cause acne. The common ones are discussed below.

Hormonal factors

In females, higher levels of the androgen hormone frequently result in some hormonal imbalance. This could exacerbate acne. Progesterone and other hormones like insulin and insulin-like growth factors play a significant role in the development of acne.

Stress

Acne may begin to appear if you are under any sort of emotional stress. Additionally, it is one of the most typical causes of acne.

Diet

Although it has been shown that specific foods can contribute to acne, this is not always the case. If you believe that your food is the root of your acne, you need to watch what you eat.

Cosmetics

Try to stop using cosmetics if you have allergies or acne from utilising products that don't suit your skin. Remember to give yourself some time to wash any cosmetics off your skin each night before bed.

Medications

Some drugs and supplements, including corticosteroids, testosterone, and a few others, might raise androgen levels, which may make your acne problems worse. If this is the case, speak with your doctor to see if there are any medications you can stop taking.

Acne Scar Treatment Clinics in Hyderabad

There are many clinics in Hyderabad for acne scars treatment but only a few reputable clinics. Layers Clinic has the best dermatologist in Hyderabad for acne scars now. With decades of experience under their belts, they can offer the finest treatment with a 100% success rate. As we have the best dermatologist for acne in Hyderabad, it is a wise choice to choose Layers Clinics.

Why Layer Clinic

There are multiple reasons to choose Layers Clinics. Especially our laser treatment for acne scars cost in Hyderabad is considerably very less compared to various other clinics.

Some of the top reasons to choose us are-

Experienced team of doctors

We only have a qualified team of doctors with decades of experience. They provide extensive personal care to every patient.

Easy to find our clinics

All our clinics are in prime locations in the city such as KPHB, Gachibowli, Himayat Nagar, Dilshuknagar, and Banjara Hills. It is easy to reach them in a quick time.

Best practices

All our treatments are 100% safe and provide the best results because we only follow the best practices.

Satisfied patients

Every patient who gets treatment at our clinics is extremely satisfied, and refers their friends, relatives, and colleagues to our clinic regularly.

Apart from these, we follow stringent guidelines, use advanced technology, and have US-FDA approved equipment.

Get started now, and book your appointment by reaching us on +91 8297 88 27 27.

Before And After Results

Acne Scar Treatment in Hyderabad - CLINICA DERM



WHAT IS ACNE AND WHAT ARE THE REASONS BEHIND IT?

Acne and pimples are common among teenagers. Beautiful young features are marred by unsightly blemishes, causing great distress. Acne is more common now than it has ever been. Junk food, stress, and pollution all contribute to teen acne.

Acne is a chronic inflammatory skin disorder that causes pimple-like skin lesions. Acne commonly appears on the neck, back, face, shoulders, and chest. Skin problems in teenagers are the most common. Severe acne can leave scars and damage that is irreversible. Acne develops when the skin's oil glands produce an excessive amount of sebum, an oily material that clogs pores. It can also occur as a result of the rapid production of P. acnes bacteria.

Clinicaderm provides acne information in this article to help you understand the basic cause of acne, different types of acne scars, and treatment options. When it comes to acne scars, getting the best results is critical. Because there is no optimal approach, several procedures are frequently combined to produce the best results.

REASONS FOR ACNE?

Acne can be caused by a variety of factors in both men and women, including:

- During puberty, hormones change.
- Adults' Hormones Change Medications.
- Makeup pressure or rubbing on the skin Dandruff in the family.

BEST ACNE SCARS TREATMENT IN HYDERABAD

Clinicaderm offers best treatment for acne scars in Hyderabad. There are two types of acne scars: those caused by tissue loss (atrophic scars) and those caused by excess tissue (hypertrophic scars) (hypertrophic scars). The four basic

Types of acne scars in this category are icepick scars, rolling scars, boxcar scars, and keloid acne scars. The treatment is determined by the type of scar.

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Frequent questions and answers

Clinicadem is one of the best clinic in hyderabad which is situated in Banjarahills. Clinicadem is eastablished by Dr. Deepthi Atmakuri who is a well-known and one of the best dermatologist in the city. She has more than 7 years of experience in the field of cosmetology and Dermatology.

The cost of Acne scar treatment depends upon the type of scar and treatment to be provided. Clinicadem offers this treatment at affordable prices.

Dr Deepthi Atmakuri is one of the best dermatologists in Hyderabad. She has more than 7 years of experience in the field of dermatology.

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Acne Scar Treatment In Hyderabad

[Home](#)
[Hyderabad](#)

skin tries to repair this lesion by forming a scar.

What are the Different Types of Acne Scars?

Atrophic scars: These scars form due to loss of tissue, and the body is unable to regenerate them (due to lack of collagen production), this results in atrophic scar formation. There are three main types of atrophic scars:

Ice pick scars: Ice pick scars are formed due to the infection that occurred by a cyst or other inflammation on the surface. These scars leave a thin, small, narrow, and deep hole into the skin.

Boxcar scars: These scars are wider and look like sharp defined edges. These scars occurred due to acne, varicella or chickenpox. These scars look like an itchy rash with blisters. These scars usually cover the thicker area of the skin such as lower jaw and cheeks.

Rolling scars: These scars are deep and have sloping edges on the skin. They appear wavy and uneven on the skin.

Hypertrophic scar: Healing of wounds or injury causes scar tissue formation which is prominent and red in appearance. So, hypertrophic scars are raised and thickened scars due to excess production of collagen in the skin. These scars may become pale and flat after several months. Main factor for hypertrophic scar formation is inflammation or injury such as burns, acne and insect bites.

Keloid scars: The spontaneous scar formation causes hypertrophic scars to look like a smooth, firm and hard growth on the skin, and this results in the formation of keloid scar. These scars are itchy or uncomfortable and increase beyond the actual injury. They can develop anywhere in the body, especially shoulders and upper chest. Dark skinned people are more likely to form keloid scars than Caucasians. Although hypertrophic or keloid scars are harmless for general health.

What are the Treatment Options at skinbliss

Chemical Peel: Chemical peels are helpful for treating a variety of skin issues such as acne, acne scars, pigmentation, age spots, melasma, hyperpigmentation, wrinkles and fine lines. During the treatment of acne scars through chemical peels containing glycolic or salicylic acid are mainly used and are applied over the target skin area. This solution exfoliates the skin and removes the topmost layer for the skin. The chemical peel also removes the pigmented cells, therefore it is equally beneficial for skin tone and texture.

Dermaabrasion: It is a skin resurfacing method that is useful to treat facial scarring. This improves the appearance of acne scars, chicken pox scars, and also removes the scars that are formed due to an injury or disease. This works by using a power-driven hand tool that consists of an abrasive end part. This device rotates around the surface of the scar and removes the topmost layer of the skin, boosts collagen production, and promotes new skin cell formation.

Microdermabrasion: It is a skin resurfacing technique which is less risky and gives a quick recovery than other techniques. It is the same as dermaabrasion, however, it works by using small crystals to remove the topmost skin layers. This technique triggers the improvement of more superficial scars and fine lines. This is a painless technique and no anesthesia is required during this procedure. This treatment works best for treating boxcar scar. This technique needs multiple sessions to achieve the best results.

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Laser Resurfacing: Laser technique is a safe and effective method that helps to reduce the appearance of acne blemishes & acne scars. It works by exfoliating the skin's topmost damaged layer and also stimulates the production of collagen by delivering heat in the deeper layer of the skin. Lasers also improve the skin's elasticity and provide a youthful appearance. Lasers break down the pigmentation by breaking the excess melanin cells that cause acne scar formation, and also promote the growth of new skin cells.

Microneedling: This technique uses a tool that contains 100 to 1000 tiny needles on its surface. When these tiny needles are rolled on to the skin surface it causes controlled injury that stimulates the healing process and more collagen formation.

What To Expect During This Treatment?

The treatment process at Skinbliss is not just about removing the scars, dark marks or skin discoloration, but it also ensures that you have a rejuvenated and brighter complexion that lasts for a long time.

- **Initial Consultation** – This involves a detailed analysis of your acne scars by the dermatologist. A history of your acne will also be taken to understand the causal factors. Depending on the type of scars or marks present and their extent, the skin doctor will suggest the best combination of treatments that can remove your acne scars forever.
- **Procedure** – During your treatment, one of our certified therapists will prep your skin for the treatment. Depending on the type of treatment you will be undergoing, the skin may be cleansed thoroughly with a degreasing solution or a topical anesthetic cream may be applied to minimize any pain from the treatment. Once your skin is ready, the dermatologist will perform the treatment. This can take from 30 minutes to one hour and is subject to the type of treatment.
- **Post-care Advice** – The dermatologist will advise you on the specific after-care for the type of treatment you have undergone. Sunscreen usage is mandatory post any treatment and other skin care advice will be explained in detail to you as well.
- **Follow Up Sessions** – Acne scars are adamant and require 6-8 sessions using a combination of different treatments to remove them completely. Your next session will be scheduled after a month's gap.

Why Choose Skinbliss Clinic?

From its inception in Hyderabad, Skinbliss has dealt with scar-related cases in the most proficient manner and has delivered excellent results. Here are some reasons why you should choose us –

- **Best Team Of Scar Doctors** – Our team in Hyderabad comprises skilled and qualified doctors who take extensive personal care for each and every client.
- **Strict Adherence To Safety Protocol** – Scar treatment usually deals with the face, so it becomes skinbliss's prime responsibility to make sure every precaution is taken to give you the best results without any unnecessary side effects.

What are the type of acne scars?

- **hypertrophic scars**-these are raised above surface of skin, they are bumpy in nature
- **Ice pick scars**-these are deep scars
- **Rolling scars**-these scars have sloppy edges
- **boxcar scars**-these scars have sharp edges

When can we expect the results?

one should be little patient with acne scar treatment, we usually see difference even after single session and considerable difference after 2 session onwards, usually we do suggest 3-4 sessions with gap of 4 weeks, however we do suggest

post procedure skincare that will help in having good and healthy skin that will prevent new acne breakouts

what are the treatments used for acne scars?

1. MICRONEEDLING RADIOFREQUENCY (MNRF)-it is a combination of microneedling and radio frequency this procedure stimulates collagen and elastin in deep layers of skin and reduces acne scars and also tightens the skin giving firm nature and improving skin texture MNRF benefits-treating acne scars improve skin texture it also works as an anti-aging by stimulating collagen and elastin minimal downtime no side effects MNRF PROCEDURE-topical anaesthesia is applied, MNRF tip is depth controlled ,it can be adjusted according to scar depth ,post procedure we so apply soothing cream and sunscreen
2. Fractional Co2-This Procedure targets superficial to medium depth scars, open pores, fine lines.
3. SUBSCISION RF-this procedure is used to treat deep and large scars this procedure involves breaking of fibrous strands under the scars that are attached to underlying structures below
4. TCA CROSS-this procedure is typically used for ice pick scars ,in this procedure we do apply TCA peel and let the skin to rejuvenate
5. PRP-THIS procedure is usually combined with other procedures like MNRF,subcision,and lasers to see better and faster results
6. INTRALESIONAL INJECTIONS(ILS) -these procedure is done for hypertrophic or keloidal scars to flattened elevated scars
7. CHEMICAL PEEL-this procedure is done for very superficial scars chemicals in the peel that are used to destroy epidermis in controlled manner ,leading to skin rejuvenation
8. LASERS-there are ablative and non ablative lasers which stimulate collagen growth thus improving acne scars